

CITY COUNCILLOR WARD 4
市議員第4選區
Vote for ONE (2) - 12

JAMES K. DEVINE	☐
MATTHEW J. LYONS	☐
JOEL W. BUENAVENTURA	☐
SHARON MARIE CIRIOTO	☐

(Write-In) 28

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City Completes Planting 500 Trees - Page 5
North Over Quincy In Boys' Hockey - Page 14



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Historic Quincy's Hometown Weekly Newspaper Since 1968

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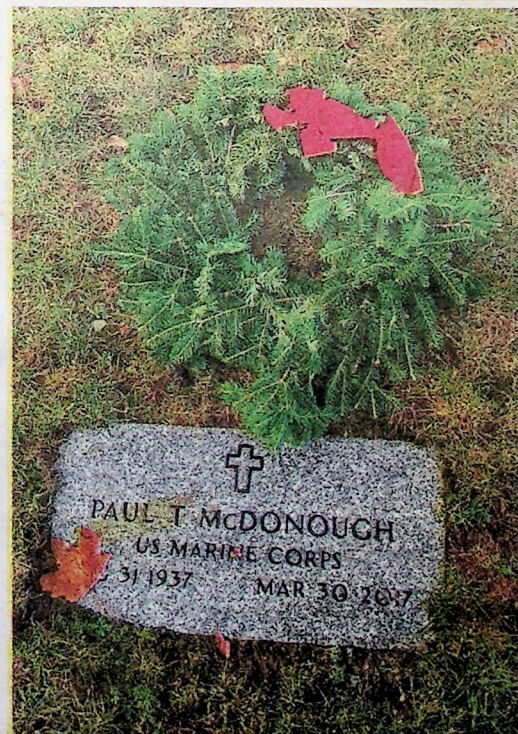
Wreaths Across America: In Quincy



MORE THAN 300 volunteers placed Christmas wreaths on veterans' graves at Mount Wollaston Cemetery and Pine Hill Cemetery as the city joined communities across the country during the annual Wreaths Across America Day ceremony on Saturday, Dec. 17. Photo at left: Chris Aument, representing the Coast Guard, places a wreath honoring his service branch at Mount Wollaston Cemetery. Bottom left: Victoria Straw, 8, places a wreath on a veteran's grave at Mount Wollaston Cemetery. Bottom right: A wreath decorates the grave of Marine Paul McDonough. In all, wreaths were placed at the graves of more than 7,000 veterans' graves in city cemeteries at this year's Wreaths Across America event. It was the fifth year that Quincy participated in the nationwide event. Wreaths Across America's mission is to remember, honor, and teach: Remember our fallen veterans; Honor those who serve; and Teach children the value of freedom.

Quincy Sun Photos/
Tom Gorman

Story On Page 2



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More Quincy news:
The Quincy Sun.com



BRIAN DiRAMIO places a wreath on a veteran's grave at Mount Wollaston Cemetery at the fifth annual Wreaths Across America event in Quincy Dec. 17.



WREATHS DECORATE the graves of veterans at Mount Wollaston Cemetery.

Veterans Remembered At Wreaths Across America

By TOM GORMAN

Rain didn't deter more than 300 volunteers from turning out for the annual Wreaths Across America Day at city cemeteries, including Mount Wollaston and Pine Hill, Dec. 17 where holiday wreaths were placed

on veterans' graves.

"Although the rain shortened our ceremony, you could see that we had hundreds of volunteers going out," Quincy Veterans Services Director Christine Cugini said. "It's such an honor to be part of this mis-

sion to remember, honor, and teach and to see the kids, sports teams, and families to come out. It just shows how much Quincy honors its veterans past and present. Quincy does it great."

Ceremonial wreaths were presented to represent

each branch of the military that were placed on stands. A separate wreath honoring Prisoners of War and those Missing in Action was also placed. Each military representative stood by their wreath during the brief remarks.

Just as the abbreviated opening ceremony ended, the rain stopped, and the skies brightened. People of all ages fanned out opening cardboard boxes scattered throughout the cemetery

containing fresh wreaths, placing them on the graves of individual veterans.

Mayor Thomas Koch said the wreaths have a special symbolism.

"The wreath is a symbol of eternal life," he told the gathering. "When placing the wreath, I ask that you place your hand on your heart and say a brief prayer for that individual that they be resting in peace with their god."

Koch noted that many of the graves likely have few visitors.

"A number of the graves you will be placing a wreath may have not had a visit since last year," he said. "Families move on, families die."

The mayor also asked that those now serving be remembered.

"Many of our men and women who are in uniform across the globe will not be home for Christmas this holiday season," said Koch. "They will not be with their families. They're doing their duty, serving this na-

Cont'd On Page 13

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CEREMONIAL WREATHS were presented to represent each branch of the military including the U.S. Army (above).

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SAMPLE BALLOT Ward 4 Special Preliminary Election

CITY COUNCILLOR WARD 4 市議員第4選區 Vote for ONE 投一位

JAMES K. DEVINE 117 Cross Street #1	☐
MATTHEW J. LYONS 1750 Centre Street #405	☐
JOEL M. BUENAVENTURA 29 Common Street	☐
SHARON MARIE CINTOLO 128 Willard Street	☐
(Write-in) 填名	☐

Early Voting For Ward 4 Preliminary Election Starts Saturday

By SCOTT JACKSON
In-person early voting in the preliminary special election to fill the vacant Ward 4 seat on the City Council kicks off this Saturday, which is also the deadline to register to vote.

The Jan. 17 preliminary

election will whittle the field of four candidates vying for the open Ward 4 seat down to two finalists, who will go head-to-head in the final election on Feb. 7.

The candidates to qualify for the preliminary election,

Cont'd On Page 11

Quincy Company Gets Workforce Safety Grant

By SCOTT JACKSON
A Quincy-based construction company has received a grant from the state to train its employees to help prevent workforce injuries.

Lee Kennedy Co. on Dec. 29 was awarded a grant of \$9,750 from the state's Department of Industrial Accidents. The grant will be used for training in scaffolding safety and first aid/CPR.

Lee Kennedy was among 99 Massachusetts-based companies to receive \$800,000 in total grants from the state this past week. The grants will help train a total of 1,356 employees.

This latest round of Workplace Safety Grants includes awardees representing historically underserved communities, veterans, women-owned businesses, municipalities, small businesses, and startups, state officials said. The most common topics from the

proposals included compliance like OSHA 10-hour and 30-hour training, and prevention-based training such as defensive driving, hoisting, first aid/CPR, and ergonomics.

"Keeping the commonwealth's workforce safe is important to both employees and employers as well as the greater community," Secretary of Labor and Workforce Development Rosalin Acosta said in a statement.

"These Safety Grants will provide training and education that helps promote safe and healthy conditions in the workplace. I congratulate all awardees and appreciate their commitment to their employees' wellbeing."

Workplace Safety Grant proposals can be submitted to the DIA's Office of Safety seeking up to a maximum of \$25,000 per entity, per fiscal year.

INSTRUCTIONS TO VOTERS / 選民指南

- A. TO VOTE, completely fill in the OVAL to the RIGHT of your choice(s) like this: ●
- B. Follow directions as to the number of candidates to be marked for each office.
- C. To vote for a person whose name is not printed on the ballot, write the candidate's name on the line provided and completely fill in the OVAL.
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VOLUNTEERS PLACE WREATHS on the graves of veterans at Mount Wollaston Cemetery during Wreaths Across America Dec. 17. More photos on Page 6.
Quincy Sun photo/Tom Gorman

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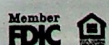
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Moments in time

THE HISTORY CHANNEL

• On Jan. 16, 1547, Ivan IV Vasilyevich (aka "Ivan the Terrible") crowned himself the first czar of Moscow. But was that nickname really deserved? Yes and no: "Terrible" more accurately meant "strong," "menacing" and "impressive" in his day, but there's no denying the ruler had a pretty fierce, and on occasion murderous, temper as well.

• On Jan. 22, 1930, excavation began for the Empire State Building. Completed just a little more than a year after construction started, at 102 stories it held the record for world's tallest building until 1972, when it was succeeded by the city's World Trade Center.

• On Jan. 17, 1949, the first Volkswagen Type 1, or Beetle, in the U.S. arrived from Germany. It was designed by Ferdinand Porsche at the request of Adolf Hitler and sold well because it was not just well built, but reasonably priced, soon becoming "America's budget car."

• On Jan. 19, 1977, citizens of Miami received a jaw-droppingly unexpected gift from the sky -- a dusting of snow for the first time in the city's history. To date, it was also the last occurrence. Well, maybe next year ...

• On Jan. 18, 1996, Lisa Marie Presley filed for divorce from Michael Jackson. Speculation as to the cause of the split ran as rampant as the questioning of the rather bizarre coupling in the first place, but Presley herself laid the blame simply on "irreconcilable differences."

• On Jan. 20, 2010, the Chinese government banned the movie "Avatar," claiming its plot mirrored the nation's forced land evictions. Officials feared the fictional indigenous Na'vi race's revolt could prompt a similar uprising among real-life citizens.

• On Jan. 21, 2014, activist Kanstantsin Zhukouski nominated his pet parrot in a local council election in Belarus. Unfortunately, he never found out whether the parrot could have actually won, as he soon withdrew its candidacy, probably to avoid a penalty after proving his aimed-for point on the uselessness of his country's politics.

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The Garden Bug
Know your zone

The USDA maintains a clickable public website that provides the expected lowest temperatures of all the geographic areas of the U.S. at: <https://planthardiness.ars.usda.gov/pages/view-maps>. It is used by gardeners and growers to determine which plants can be grown in each of the "zones" and be likely to survive the winter there. — Brenda Weaver

Source: United States Department of Agriculture

Tobacco-Free '23: 4 Reasons Why This Is The Year To Quit Tobacco For Good

American Lung Association Encourages People Who Use Tobacco To Make A Resolution To Quit In 2023, Provides Tips And Resources

While tobacco use has been declining for decades, 11.1% of Massachusetts residents still smoke and tobacco is the leading cause of death and disease in the state. Through the new "Tobacco-Free '23" campaign, the American Lung Association in Massachusetts is sharing key reasons why 2023 is the year to quit tobacco, as well as sharing tips and resources.

"Each year, quitting smoking is listed as one of the top New Year's resolutions. While quitting smoking is extremely difficult, it is possible. In fact, it typically takes a person 8-10 attempts to quit smoking for good, which is why we call it a journey," said Ashley Carrier, executive director for the American Lung Association. "It is important to have support during this process, including family, friends and your doctor, to help keep you on the right path."

Here are four important reasons why 2023 is the year to start your journey to become tobacco-free:

1. **Your Health:** Tobacco use remains the leading cause of preventable death and disease in Massachusetts, killing 9,300 people each year. Currently, 16 million Americans live with a tobacco-related disease. While it's best to quit as early as possible, quitting tobacco use at any age will enhance the length and quality of your life.

2. **Your Wallet:** If your New Year's resolution is to save money, quitting smoking can save you between \$2,230-\$4,360 annually.

3. **FDA is Preparing to End Sales of Menthol Cigarettes:** Currently, the Food and Drug Administration (FDA) is in the process of finalizing rules to end the sale of menthol cigarettes and flavored cigars in the U.S. If you use one of these tobacco products, this is an optimal time to begin your quit journey. In fact, after Canada stopped selling menthol cigarettes in 2017, the country saw an increase in quit attempts and cessation among people who smoked menthols.

4. **Be An Inspiration!** Last year, the American Lung Association relaunched the "Super Stoppers Club" with award-winning journalist Bob Levey to celebrate people who have quit smoking for good and inspire those who are trying to quit. Read inspiring quit stories and submit your

own at Lung.org/Super-Stopppers.

Here are some of the tips and resources the American Lung Association recommends to successfully quit tobacco:

• **Lung Helpline:** Not sure where to start? Call the Lung Association's free Lung Helpline and Tobacco Quitline at 1-800-LUNGUSA, which is staffed with licensed registered nurses, respiratory therapists and certified tobacco treatment specialists.

• **Talk to your healthcare provider:** Talking to a healthcare provider about your plan to quit smoking is an important step. With your doctor's help, you can include cessation medication into your tobacco treatment plan, which can double your chances of quitting successfully. There are seven FDA-approved medications that are proven to help you quit.

• **Get help from a proven resource:** The American Lung Association offers resources to help adults and teens to quit all tobacco products, including:

o **Freedom From Smoking®** helps individuals create their own unique quit plan, as well as tips and techniques to stay successful in the long run. Freedom From Smoking can be accessed online, at a group class and through a self-guided workbook. Those looking to quit smoking are encouraged to use the method that works best for their learning style, schedule and unique quit tobacco use plan.

o **Not-On-Tobacco® (N-O-T)** is a teen smoking/chewing/vaping cessation program for teens who want to quit. The 10-session program provides the tools, information, and support for teens to end their addiction to tobacco. Teens can participate in NOT in-person, virtually or online at NOTforMe.org.

• **Quit. Don't Switch.** E-cigarettes are tobacco products, and the FDA has not found any e-cigarette to be safe and effective in helping smokers quit. Switching to e-cigarettes does not mean quitting. Quitting means ending your addiction to nicotine.

For more information about quitting tobacco for "Tobacco-Free '23," visit the American Lung Association website at Lung.org or call the Lung Helpline at 1-800-LUNGUSA (1-800-586-4872).

Zoom For Free The Winter Programs At OLLI

This winter, OLLI at UMB invites all older adults in the Greater Boston and South Shore area to sample the OLLI experience free of charge, in the comfort of their own homes. This is a great opportunity to get an idea of how OLLI members stay connected, exercise their minds, and make new friends, even when the weather outside is frightful.

OLLI at UMB, the Osher Lifelong Learning Institute at UMass Boston, provides lifelong learning, trips, and social activities for those over age 50. OLLI is affiliated with the national network of learning in retirement programs organized by the Bernard Osher Foundation. The winter events run from Jan. 9th to Feb. 23rd. All programs are presented via Zoom.

There are dozens of programs on offer this winter. Here are some of the things an older adult can choose to do. Wake up Monday mornings with a Coffee Chat. Get to know Boston better through a virtual walking tour of the historic theater district, the Boston Common or Dorchester's Clam

Point. Take a six-week course from the Cleveland Art Museum. Or learn about the National Parks. Wondering what to read this winter? Tune in to "Book Reviews and Recommendations." Explore the US path to citizenship. Learn about black homesteaders on the Great Plains. Find out about "Operation Magic Carpet" during World War II. Share accounts of plays shown on Broadway or in London. Take part in a trivia contest. Tutor kindergarteners. Savor wine and cheese pairings. Enjoy the winter film series, focused on stories of resilience. Discussion follows each viewing, and the series kicks off with Charlie Chaplin in "The Gold Rush."

To learn more, visit OLLI's website at www.umb.edu/olli, and check out the Winter Program Flyer. OLLI members may register online. If you are not an OLLI member, simply email the OLLI office at olliereg@gmail.com, stating what programs you would like to attend. You will find a warm welcome.

Injured Construction Worker Awarded \$2.6M In Jury Verdict

A Plymouth County jury awarded an injured construction worker \$2.6 million Nov. 16, 2022.

The injured worker was represented by Attorney Theodore Riordan, from Bates & Riordan, LLP of Quincy and Attorney John Riordan from the Riordan Law Group in Brockton. The six-day trial took place in Brockton Superior Court.

The worker suffered permanent, serious injuries

in 2017, when he fell off a two-story house in Hanover. At the time of the accident, he was re-roofing an asphalt shingle roof.

The jury found that the general contractor and the project's construction supervisor negligently failed to provide proper fall prevention equipment and training. The worker, born in Ecuador, testified at trial with the assistance of a Spanish translator.

Americanisms

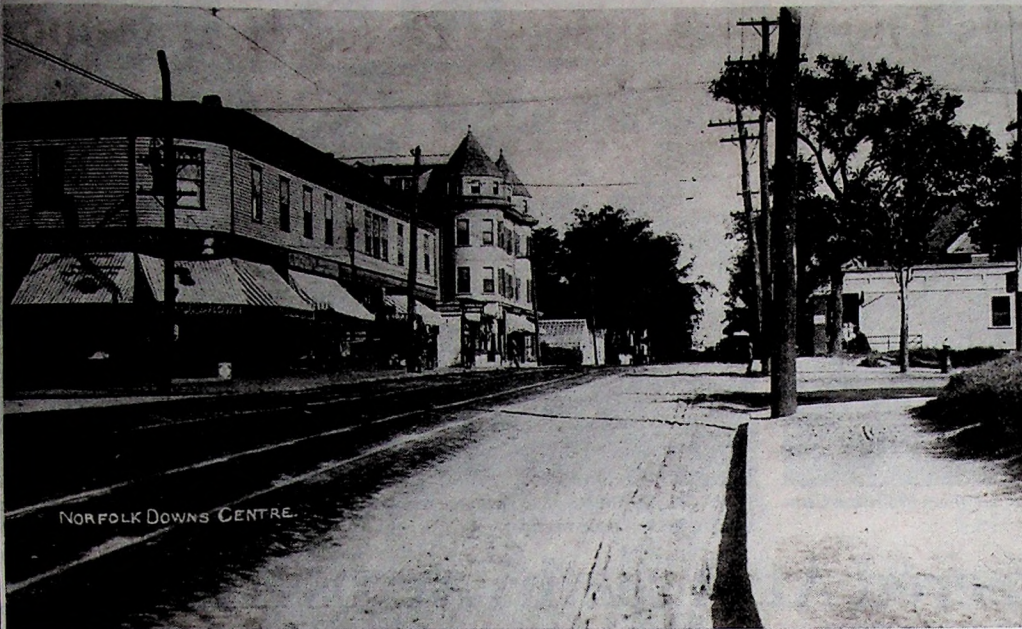


"Life isn't perfect, any failures you have are actually learning moments. They teach us how to grow and evolve."

— Phillipa Soo

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Scenes From Yesterday



THIS IS A 1915 postcard looking north from Mathew Smith Square in Norfolk Downs where Hancock Street and Billings Road intersect. On the right was the Norfolk Downs garage where Harold Fratus began his automobile dealership business. Next to it Joseph Fratus had a plumbing shop now home to Russell Chin's Law Office. On the left corner was the Norfolk Downs Pharmacy operated by druggist Paul Brown. That corner store is now a sushi restaurant. Beyond the large apartment building was the florist business known as the Norfolk

Downs Conservatory. The greenhouse at the sidewalk extended around the back of the buildings on the left out to Holmes Street. That is now the site of the branch library and a Citizens Bank. The Derringer family also had greenhouses and a florist business here, across the street on the corner of Glover Avenue, now the site of the Quincy Catholic Academy. The Sacred Heart Church was built here in 1924.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1970
53 Years Ago

McIntyre Predicts Substantial Tax Hike

Mayor James R. McIntyre gloomily predicted "another substantial" tax rate increase for Quincy this year.

In two major austerity moves to tighten the city's municipal belt and help head off a big tax hike, the mayor said he will:

- Reject any general pay increase requests for city employees.
 - Cut department budgets "to the bone."
- "There will be no general pay increases for city employees this year. We just cannot afford it," he said.

SHIPYARD SEEKS 2,000 WORKERS

The hiring of nearly 2,000 more tradesmen during the next few months will help make 1970 General Dynamics' "busiest year at its Quincy Shipbuilding Division," it was predicted.

With current shipbuilding employment levels at 8,300, the drive for new employees will increase the total to more than 10,000, a \$12 million impact on General Dynamics' payroll is seen.

Welders led the way with 300 openings, followed by electricians, pipefitters and sheet workers.

266-UNIT SENIOR FACILITY 100% FILLED

The 266 unit south wing of Senior Citizen Housing at 1000 Southern Artery has been 100 percent leased and 275 names remain on the waiting list with more being added each day, according to a report from the center.

The non-sectarian, non-profit facility was built and is operated by Quincy Point Congregational Homes, Inc. for senior citizens age 62 and older.

QUINCY-ISMS

Mr. and Mrs. Henry Dondoro were the proud parents of a daughter born at Quincy City Hospital... Mrs. Leonard, Mrs. Mark Russell and Mrs. Alex Engelmann were co-chairs of the Christ Church's Mothers' Club potluck supper... Mr. and Mrs. George S. Walker of Wollaston celebrated their 54th wedding anniversary at a Mass and reception at their house. The party was given by their five children... Hugh E. Dawes, Grand Knight North Quincy Knights of Columbus, appointed Charles J. Graham deputy grand knight to serve as chairman of its 50th anniversary program to be held April 24, 1971... Rev. Lloyd F. Martin assumed his new duties as minister of the Wollaston Congregational Church. He succeeded Rev. Harold G. Leland... Dr. Sumner D. Hirschberg received the Jewish War Veterans "Citizen of the Year Award" on behalf of the members of the Quincy Symphony Orchestra... Wollaston Federal Savings and Loan Association announced new banking hours: 8 a.m. to 6 p.m. daily and Thursday until 7:30 p.m.... Former Mayors Thomas S. Burgin and David S. McIntosh attended the third inaugural of Mayor James R. McIntyre. Former Mayor Amelio Della Chiesa was too ill to attend... Councillor at Large and State Representative Arthur H. Tobin was unanimously elected city council president when the Council organized for 1970. He succeeded Ward 6 Councillor J. Vincent Smyth who served as council president in 1968-1969... School Committeeman James F. McCormick, Sr. beginning his 11th year on the committee, was elected committee vice-chairman for 1970-1971... Heslip E. Sutherland, president of the Quincy Cooperative Bank, announced the election of Charles G. Peterson as vice president of the bank... James Lyons was installed as the president of the Ward 2 Civic Association. Other officers included James DeCristofaro, vice president, Maurice Horrigan, treasurer, Mrs. Elsie Fitzgerald, recording secretary and Mrs. James Lyons, corresponding secretary... The North Quincy High School basketball team, defending Greater Boston League champions, was seeking its third straight win in an upcoming game against Medfield at the Boston Garden... Coach Bob Sylvia's Quincy High School hockey team would be seeking its fifth straight win when the team plays Medford at the Boston Arena... Rico Petrocelli, selected as the most valuable Red Sox player by the Boston Baseball writers, was honored at a dinner hosted by the Montclair Mens Club... James E. Davidson, 291 Billings St., North Quincy, won the Doorway Decorating contest sponsored by the Quincy South Shore Festival Committee. A Special Doorway Award was given to John and Anita Ricciuti, 31 Stone Brae Rd., Wollaston.

City Completes Planting 500 New Trees

Mayor Thomas Koch announces the Department of Natural Resources has overseen the planting of more than 500 new trees this past fall. Trees were planted in every neighborhood throughout Quincy and in our park system.

The tree-planting initiative was made possible by an historic appropriation by Mayor Koch in the city's operating budget of \$400,000. The measure was approved by the City Council last spring.

"We are extremely grateful for the continued strong support for tree-planting by Mayor Koch and the City Council," said Commis-

sioner of Natural Resources David Murphy. "Our city's neighborhoods are defined by our tree-lined streets. The benefits of the 20,000 street-trees cannot be overstated. They keep our air clean, our homes cool in the summer, provide local habitat, help manage stormwater, and look beautiful. We are proud to be recognized as a Tree City USA and thank Mayor Koch for his commitment to our city's local environment."

The city's most recent tree-planting contractor was MJ Nichols. The city beefed up its tree protection by requiring longer watering periods, increased warranties,

and enhanced soil nutrients at the time of planting.

Acting Tree Warden Mike Casinelli matched each planting location with an appropriate tree species to increase the likelihood of success. Conditions such as underground interference, planting areas, soil, and overhead utility wires were driving factors in site and species selection.

The city has also partnered with the State's Department of Conservation and Recreation (DCR) to locate planting sites for more than 250 additional trees this year. Between the City and State, more than 750 new trees were planted

throughout the City in 2022.

The following tree species were planted this year: Autumn Blaze Red Maple, Sweet Gum, Japanese Lilac, Armstrong Red Maple, Eastern Red Bud, Snow Goose Cherry, Katsura, Autumn Gold Ginkgo, Kwanzan Cherry, and Littleleaf Linden.

Residents are encouraged to visit the Department of Natural Resources web page (Urban Forestry Management Page) to learn more about our urban forest. Every tree has been identified through a GIS flyover. Residents can better understand the value of their local tree by using the MyTree App linked to the site.

Quincy Access TV Wins Three Nor'Easter Awards

Quincy Access Television (QATV) has won first place, second and third place awards in the Alliance for Community Media's (ACM) Nor'Easter Awards. The ACM-NE Nor'Easter Awards recognizes the achievements of Community Media/PEG Access Centers and their affiliated local producers.

The award ceremony was held in November at the North Andover Historical Society.

Quincy Access took home first place for "Overall Excellence" for a second year in a row. Overall Excellence is a professional-only award that recognizes access organizations in the

Northeast region. Overall Excellence is the highest of the Nor'Easter Awards. "Winning Overall Excellence in consecutive years is a big accomplishment," said Jonathan Caliri, Executive Director of QATV. "It is a testament to the talent and hard work by the staff and members of Quincy Access Television, who produce a variety of local programming to inform and entertain the residents of Quincy."

Second place was awarded in the News & Magazine Format category to "Currently in Quincy," QATV's long running news and information show. Currently in Quincy is hosted by QATV's Joe Catalano and pro-

vides a bi-weekly update for Quincy residents. Currently in Quincy features news, weather and interviews with elected officials, community leaders, and representatives from the many organizations based in Quincy and the South Shore.

The program airs live every Monday and Friday at 11:30 a.m. on Channel 8.

Third place was awarded in the Music & Performance category to "Aiming Aimlessly," a music video produced locally by That-

KidGoran, directed by Uncle Paul, featuring singer/songwriter Ryan Gray. Cinematographers were Justin Valdez, Richard Green, Jeff Cutler and Mary R. McWade. Audio engineering by Will Frenchman and The Mix Loft.

Quincy Access Television is located at 88 Washington St., adjacent to the Thomas Crane Public Library. For more information regarding your local public access channels, contact us at 617-376-1440.

More Quincy news:

The Quincy Sun.com



VOLUNTEERS UNPACK wreaths to be placed on veterans' graves at Mount Wollaston Cemetery during Wreaths Across America Dec. 17.



SERVICE MEMBERS and volunteers representing the various branches of the Armed Forces stand in front of their wreaths.
Quincy Sun photos/Tom Gorman

Veterans Remembered At Wreaths Across America

Cont'd From Page 2

tion, and keeping the peace around the world. I ask you keep them in your prayers."

This was Quincy's fifth year in Wreaths Across America and was spearheaded by Cugini, a Desert Storm and Desert Shield Navy veteran, who was inspired to bring the event to Quincy after watching a similar ceremony at the Arlington National Cemetery near Washington, D.C.

According to Cugini, Quincy was one of more than 3,000 communities across the country participating in simultaneous ceremonies in the national event that started in 1992.

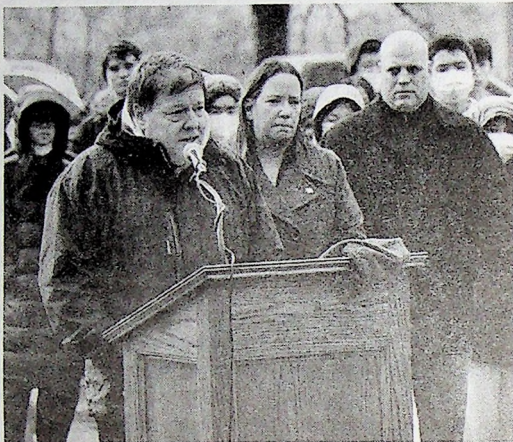
"It started very small with about 1,200 (ceremonies) the first year," she said. "It's up to 3,700 now. It's impressive."

Cugini noted that some 2.7 million wreaths were placed on veterans' graves throughout the nation during the day — more than 7,300 at Mount Wollaston and Pine Hill Cemeteries. She added that the wreaths are not meant to be decorations, but to honor the services of those who have and are serving in the military.

Cugini asked the volunteers, when placing the wreath on a veteran's grave, to "take a moment to say their name and thank them for their service."

"There is a quote that men and women die twice, 'Once when they take their last breath and then again when their name is said for the last time,'" she said.

Wreaths Across America



MAYOR THOMAS KOCH tells the gathering "The wreath is the symbol of eternal life."



QUINCY VETERANS SERVICES Director Christine Cugini tells the gathering that "It's such an honor to be a part of (Wreaths Across America) and how Quincy honors its veterans past and present."

began in 1992 when Morrill Worcester, owner of Worcester Wreath Company of Harrington, Maine, had a surplus of Christmas wreaths as Christmas Day approached. He decided to honor the country's veterans by placing the wreaths at the older sections of Arlington National Cemetery where few people visited.

A 2005 picture of the

wreaths sticking out of the snow-covered cemetery circulated on the internet went viral and gained national attention, prompting local communities across the country to hold similar ceremonies each December. The event has grown each year since to include ceremonies at sea and abroad.

According to the organization's website, Worcester's inspiration to honor veterans was from his first visit to the cemetery as a 12-year-old boy that "left an indelible impression on him."

Wreaths Across America's mission is to remember, honor, and teach: Remember our fallen veterans; Honor those who serve; and Teach children the value of freedom.



RAIN DIDN'T DETER the hundreds of volunteers that turned out to decorate veterans' graves.



VOLUNTEERS PLACE WREATHS on the graves of veterans at Mount Wollaston Cemetery.



TRISH LONEY of Quincy searches for veterans' graves to decorate with wreaths.

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Movie Review: 'Puss In Boots: The Last Wish'

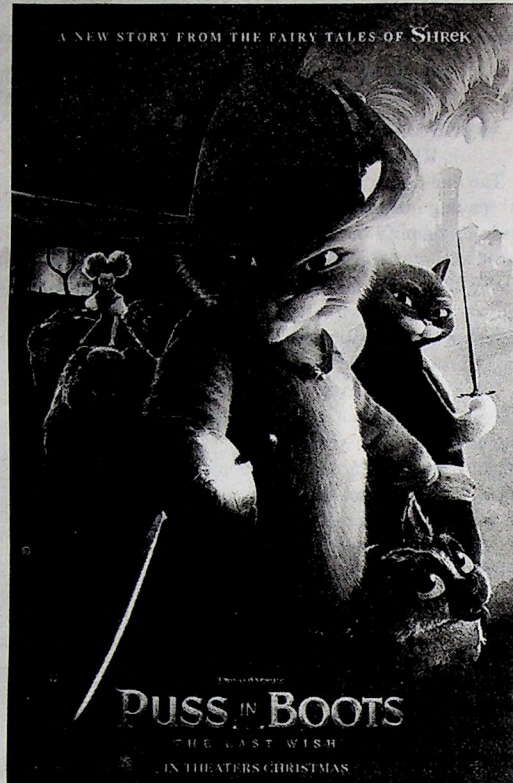
By BOB GARVER

We were first introduced to dashing animated feline Puss in Boots (Antonio Banderas) in "Shrek 2" all the way back in 2004. The character appeared in two more "Shrek" sequels before headlining his own self-titled movie in 2011.

Now comes "The Last Wish," a sequel that depends on audiences still caring about the character after more than a decade out of the limelight. The film's disappointing box office over Christmas weekend (\$17 million domestic, barely half of what the first solo film did on Halloween weekend in 2011) indicates that he no longer has his former drawing power. But having seen the film, I say that he should.

The new film opens with a classic Puss in Boots adventure: Puss throws a party at the home of an uptight governor and saves a village from a rampaging cyclops. Things are going great until he gets killed. End of movie. Just kidding, he's a cat, he has nine lives. Problem is, that was life number eight. If he gets killed one more time, he'll die. After a close call with an apparently-bounty-hunting wolf (Wagner Moura), he decides to retire to the home of a cat hoarder (Da'Vine Joy Randolph). A life of pet food and litter boxes isn't for him, and he's further annoyed by an unsuccessful therapy dog (Harvey Guillen) hiding out among the cats. He's soon clued-in to a race to steal the mythical Wishing Star, which grants a single wish to whoever can get to it first. He can wish for his nine lives back! He could also wish for unlimited lives, but the point is — magical quest! It's a magical quest where he has to drag along the clingy therapy dog, but a quest nonetheless.

Also in pursuit of the star are former lover and current rival Kitty Softpaws (Salma Hayek), pie magnate and magic collector Big Jack Horner (John Mulaney),



and the Goldilocks and the Three Bears Crime Family, consisting of Goldilocks (Florence Pugh), Papa Bear (Ray Winstone), Mama Bear (Olivia Coleman), and Baby Bear (Samson Kayo). Goldilocks and the Three Bears have such a fun dynamic and chemistry that I'd like to see them get their own spinoff. Sadly that's unlikely with this film's underperformance, but what we get of them here is delightful.

What we get of everyone here is delightful. The cast is filled with actors that are funny every time they open their mouths. This is especially true of Banderas, who exaggerates his voice so much that I was laughing even when he was delivering straight lines. The writing is funny too, with some endearingly dark humor. The highlight of the film is a montage of Puss's deaths, handled in a family-friendly, "Haunted Mansion" sort of way. The therapy dog steals the show, with his unbridled positivity in the face of a lifetime of bullying. Real bullying isn't funny, the

character's attitude in spite of bullying is. And it should go without saying in a movie about animated cats and dogs, but the film's cuteness level is raging.

"Puss in Boots: The Last Wish" may not be the strongest of adventure movies. The characters' motivations don't always make sense (too many are frustratingly unambitious with their wishes), the story follows predictable beats of reluctant alliances, betrayals, and forgiveness, and the animation has a weird habit of turning into a cheap 2-D style during action sequences. But it works just fine as a comedy, and a family comedy at that. By all means take the kids and relatives to see it this holiday season. It's implied that there's a sequel with some familiar friends on the horizon, but this movie needs your business first.

Grade: B

"Puss in Boots: The Last Wish" is rated PG for action/violence, rude humor/language, and some scary moments. Its running time is 100 minutes.



STICKY TRAPS ATTRACT insects to their yellow surface and trap them on the sticky surface to prevent damage to plants. Photo Courtesy Summit Responsible Solutions

Boost The Health And Beauty Of Your Houseplants

By MELINDA MYERS

Fight the post-holiday blues with a bit of indoor gardening. Keeping your houseplants healthy and looking their best with a bit of grooming this winter is sure to lift your spirits.

Clip off any dead leaves as they appear. Use a sharp snips or bypass pruner to make a clean cut that looks tidy and closes up quickly. An occasional brown leaf is not usually a problem but if browning continues, it might be time to take action. Evaluate the growing conditions and make needed adjustments.

Brown leaves are often caused by low humidity which is common in many homes during winter. Boost the humidity in your home by grouping plants together. As one plant loses moisture through its leaves through transpiration the neighboring plants benefit. Add pebbles or marbles to the saucer or trays beneath the plants. Allow excess water to collect in the pebbles below the pot. As the water evaporates it increases the humidity right around the plant. Move plants that require moist soil and high humidity into a terrarium. They are attractive living decorations and make caring for high-maintenance plants easier.

Over and under-watering can also result in brown leaves, leaf edges, and tips. Water thoroughly when needed. Base frequency on the plants you are growing, room temperature and humidity. Tropical plants need more consistently moist soil while cacti and succulents like it drier. With lower light conditions in many homes, plants grow slower and may need less frequent watering in winter. Pour off any excess water that collects in the saucer which can lead to root rot.

Stop fertilizing indoor plants in winter unless they are actively growing. Applying fertilizer that plants don't need can cause root

damage, leading to leaf discoloration.

Trim off brown tips that are common on spider plants, dracaenas, Ti plants, and prayer plants sensitive to the chlorine and fluoride in water. Avoid the problem by using chemical-free water.

Wipe dust off the leaves with a damp cloth. Use a cosmetic brush to clean the fuzzy leaves of plants like African violets. Keeping your plants clean and well-groomed also helps reduce insect and disease problems.

Further protect plants from pests with Summit Sticky Traps (SummitResponsibleSolutions.com). Just place one or two in the pot with the sticky side exposed. The yellow attracts fungus gnats, aphids, thrips, leaf miners, and other harmful pests feeding on your plants. The sticky surface traps the insects causing them to die without the use of pesticides. Replace the trap once it is covered with insects or every three months.

Boost indoor plant re-

silience by providing the right amount of light. Move plants to a sunnier window or add artificial lights as needed. Then give plants a quarter turn every time you water. This promotes more balanced growth by exposing all parts of the plant to the light source.

Taking time to tend to your plants improves their health and beauty while elevating your mood and helping fight stress.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Summit for her expertise to write this article. Myers' website is www.MelindaMyers.com.

Flavor of the Month

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Hyde Park: 617-910-9175

102 Franklin Street
Quincy: 617-481-5257

479 Washington Street
Quincy: 617-786-8888

SEASONAL
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Sundae

Snickerdoodle



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Color	\$50 ⁰⁰
Hair Cut & Blowdry	\$28 ⁰⁰
Matrix Perm	\$60 ⁰⁰

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Carrot Cake Recipe

By MARIE

Recently I found a wonderful Carrot Cake recipe. As you know, there are many recipes for carrot cake and I hope that you will find this one is as delicious as others that you may have tried.

Cake Recipe Ingredients:

2 cups all-purpose flour
2 cups sugar
2 teaspoons baking soda
2 teaspoons cinnamon
1 teaspoon salt (optional)
4 eggs
1-1/2 cup vegetable oil
3 cups grated carrots
1-1/2 cups chipped chopped pecans (optional).

Frosting

Two 8-ounce packages cream cheese (room temperature)
1 stick butter (room temperature)

One 16-ounce box powdered sugar
1 teaspoon vanilla extract
1/2 cup chopped pecans (optional)

Preheat oven to 350°.

Grease and flour two 9" or 10" pans, or you can use a 9"x13" pan. Line bottom with parchment paper if possible.

In a large bowl, combine flour, sugar, baking soda, cinnamon, and salt.

Add eggs and vegetable oil. Using a hand mixer, blend until combined.

Add carrots and pecans if using pecans. Pour into pans. Bake for approximately 40 minutes.

Remove from oven and cool 5 minutes. Remove from pans, on cake rack and cool completely before frosting.

For the frosting, add all ingredients, except nuts into a medium bowl and beat until fluffy using a hand mixer.

Stir in nuts.

Spread frosting on bottom layer.

Add top layer and frost top and sides.

Delicious Salad Dressing

By SUZIE

Here is a delicious dressing to add to your repertoire of dressings to help you to eat more salads!

When the dressing is boring, the salad is as well. Try this one loaded with important nutrients, protein, healthy fats and flavor!

Very similar to a caesar dressing in taste. Basically all dressings you purchase contain seed oils or soybean oil which are all linked to inflammation and metabolic disease.

Making your own dressing is easy and actually fun! The cashews give it the creaminess.

Ingredients

1/2 cup raw cashews (soaked in boiling water for 30 minutes) then drained and

rinsed)

• 1/4 cup water
• 2 tablespoons extra virgin olive oil
• 1 tablespoon lemon juice
• 1/2 tablespoon Dijon mustard
• 1/2 teaspoon garlic powder
• 1 small garlic clove (you can add another if you like it super potent)
• 1/2 tablespoon Worcestershire sauce (I use Wizard's gluten-free brand)
• 2 teaspoons capers
• 1/2 teaspoon fine grain sea salt and pepper, or to taste

Simply throw all of this in a high speed blender until creamy and no lumps from the cashews. Healthy, easy and wonderful!

42 Quincy Students On AWHs Honor Roll

Forty-two students from Quincy are listed on the first term honor roll at Archbishop Williams High School in Braintree.

Principal's List

Grade 7: Ella Shaw.
Grade 9: Austin McDonnell, Kendyl Nolan.
Grade 10: Dylan Gorman, Collin Waldron.
Grade 11: William Cunniff Jr.
Grade 12: Abigail Dunn.
First Honors
Grade 7: Jake Bautista.
Grade 8: Lauren Gill.

Grade 9: Nicholas Francis, Katy Trinh, Andrea Zhao.

Grade 10: McKenzie Crowley.

Grade 11: Isabella McDonnell, Isabella Theroux.

Grade 12: Sam McNulty, Roseanna Piroli.

Second Honors

Grade 8: Heidi Barber, Aedan Callaghan.

Grade 9: Jayde Awudo, John Della Barba, Kate Foley, James Geraghty, Hadley MacDermot, Katharine

O'Toole, Julianna Prioli, Jacquelyne Quinlan, Dante Quintos.

Grade 10: Logan Lusier, Aaron McCarthy, Shea Nolan, Keila Pierre, Hannah Southwick.

Grade 11: Ellie Houlihan-Gavin, Neve McHugh, Philip Prioli, Isabella Zhang.

Grade 12: Po-Yi Chang, Angelina Coletti, Maggie Lynch, Cara MacDonald.

MONTHLY MINDFULNESS

By Lori Scott, E-RYT 500

OWNER OF LORI SCOTT YOGA & WELLNESS



Setting New Intentions

By LORI SCOTT
E-RYT 500

The holidays can leave us feeling depleted and ready to simplify our lives, our diets, our homes, our relationships, our budgets and our intentions. It's the perfect opportunity to pause and take stock of your life.

While it's exciting to make a list of all your resolutions for the new year, it can also feel like a daunting task to accomplish all of them. To avoid feelings of failure or disappointment, you can start small by reaching your goals with a successful, more mindful approach.

Consider choosing one word to act as a powerful guiding principle in all areas of your life. We must never underestimate the power of one simple word or the power of our intentions.

Journal or reflect on how you're going to welcome the new year by answering the following questions:

What brings you joy?
What do you want this year?
What could you use more of in your life? What could you use less of in your life?
By the end of the day I feel _____.
At the end of the day, I would like to feel _____.

You might find that most of your answers point in a certain direction revealing a word that aligns with what's most important for you in the new year. Maybe your word comes easily, maybe it isn't clear just yet. That's okay.

Are there words that mean something to you or help get you to a place where your mind is less cluttered? Maybe there's an activity you do to clear your

head when you need inspiration. Thinking through times and places that matter to you can help you discover your word.

Sit with it. Be in no hurry to come up with your word. Stay with your word for a few days to make sure it reflects what you really want. Then, share your word. Announcing it to others can help you own it and lets people know what matters most to you.

Honoring Endings

Take this time to rest on the threshold of beginnings while honoring your growth over the past year. Appreciating where you have been is a magical key to moving forward. Feel a sense of gratitude for challenges from your past as they have taught you something useful and have made you who you are today.

Welcoming Beginnings

Let your worries or doubts be replaced with a new lightness, a new power as you embrace this new beginning. You have the power to change the course of things, to change your story by integrating what you want to keep and releasing what you have outgrown. See yourself as strong and positive as you welcome anything that will support you in this new beginning.

Celebrating The Present

Learning what you need is important and a big part of a mindfulness practice. Having this knowledge involves being fully present and learning to be satisfied with the present moment. When we are fully present, we realize that there's nothing to achieve and nothing to become. We realize that we are peaceful exactly as

we are.

Deepak Chopra, MD, world-renowned pioneer in integrative medicine and personal transformation says, "If you follow the inner path using truth and clarity as your compass points, the outer world cannot help but respond to your intention."

When we look to fulfill our desires from something outside of ourselves, chasing after external things (a new car or wardrobe), the goal is separate from us. When your intentions are aligned with your true nature, you are the source AND the goal.

Take some time this month to go within and firm up your intentions. Your word will guide you forward with certainty and contentment in all areas of your life because it is not separate from you, it comes from what's most important to YOU. That is a resolution built to last throughout the entire year!

My word is PEACE. What's your word? I'd love to hear from you, send an email to loriscottyoga@gmail.com

May 2023 bring you peace, health & happiness.

Lori is an experienced 500 hour Certified Yoga Teacher with Yoga Alliance, Owner of Lori Scott Yoga & Wellness studio, Founder & Director of her Registered Yoga School (RYS 200) and a Yoga Alliance Continuing Education Provider. Lori specializes in certification programs, 200 hour Yoga Teacher Trainings and facilitating Meditation and Stress Management classes for local corporations.

In addition to teaching yoga, meditation, wellness classes & workshops, Lori is a trained Trauma-Conscious Yoga Teacher offering free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Restorative Yoga, Balanced Athlete®, Barre and CPR as well as training from Trauma Center Trauma-Sensitive Yoga (TCTSY). Lori is mostly known in the community for teaching her signature Beach Yoga classes.

www.loriscottyoga.com

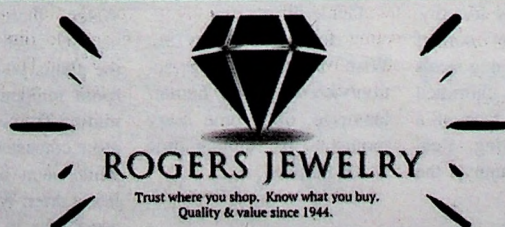
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Social Security Matters

Ask Rusty – Should I Claim Social Security Now?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: I am 68 years old, born in July 1954. I have the credits necessary to qualify for benefits. The Social Security website says that if I continue to work to age 70 with yearly earnings of \$206,000, my monthly benefit would be \$4,245. If I stop working now, and start taking benefits in January 2023, my benefit would be \$3,778. The number of months between January 2023 and July 2024 is 19. Nineteen months of benefits for that period would be \$71,782. It looks like it would take about 17 years to make up the difference between taking the money in January vs. waiting until age 70, which would put me at age 85. I don't think that I would live much past that age, given my family history. Do you think it wise on my part to begin taking benefits in January 2023, and are my calculations correct? **Signed: Trying to Decide**

Dear Trying: Well, the difference between your monthly payment at age 70 vs. your benefit amount in January 2023 is \$467, so it would take you about 154 months (just under 13 years) to recover that \$71,782. But that doesn't take future cost of living adjustments (COLA) into account. Average annual COLA over the last 20 years was about 2%, and if you factor average future COLA into the equation you would likely break even at about age 81 (if you wait until age 70 to claim). And this is where your life expectancy comes in.

According to Social Security, the average life expectancy for a man your age is 85, which means that if you claim at 70 and enjoy average longevity, you'll collect that higher benefit for an extra 4 years. That would mean more than \$22,000 in additional benefits over your lifetime. Of course, no one knows how long they will live, but if you'd like to get a more personal estimate of your life expectancy, I suggest you try this tool: www.socialsecurityreport.org/tools/life-expectancy-calculator/. This tool takes your lifestyle and current health status, as well as your family history, into account.

When to claim is always a personal choice, but in your specific circumstances - since you apparently don't need the money right now and have a family history which suggests longevity - waiting until age 70 to claim could not only give you a substantially higher monthly benefit but also the most in cumulative lifetime benefits. And if you're married, it will also mean the maximum possible survivor benefit for your wife if you predeceased her because, as your widow, your wife would get the benefit you are receiving at your death instead of her own smaller amount. Thus, when you claim your benefit will also affect your wife's benefit as your surviving widow. In the end, it's your personal decision to make, after considering all of the above factors, especially your life expectancy.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Blood Drive Jan. 9 Quincy Sons Of Italy

The American Red Cross will hold a blood drive Monday, Jan. 9 from 1 to 6:30 p.m. at the Quincy Sons of Italy, 120 Quarry St., Quincy.

The Red Cross is appealing for donations - especially type O blood donors and platelet donors - to

give now to ensure hospitals have the blood they need into the new year.

Schedule an appointment by using the Red Cross Blood Donor App, visiting RedCrossBlood.org or calling 1-800-RED CROSS (1-800-733-2767).

Quincy College has appointed Karen Manning, MSN, RN, as dean of its Division of Natural and Health Science.

Manning joins the college after seven years at Laboure College of Healthcare, where she most recently served as dean of the Nursing Division. She previously spent three years as chairperson of the Department of Nursing at Westfield State College and four years as undergraduate coordinator/clinical placement coordinator in the Department of Nursing at Salem State College.

Her clinical experience includes two decades work-

Karen Manning Quincy College Dean Of Natural, Health Science



KAREN MANNING

ing as a staff nurse, nurse manager and nurse educator specializing in home health, hospice and inpatient rehabilitation. In 2020, she was among those who volun-

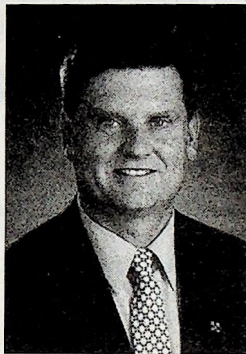
teered to staff and provide care to patients admitted to the MGH "Boston Hope" Covid-19 field hospital.

Manning received her bachelor of science degree in nursing from the University of Massachusetts/Boston and her Master of Science in Nursing Administration from the University of Massachusetts/Lowell. She is currently pursuing doctoral degrees in both educational leadership and higher education leadership.

The Quincy College Natural Science program offers courses in the natural science disciplines including biology, chemistry, physics and in the health sciences.

The curriculum is designed to prepare students for careers in a variety of fields in science and industry including the life sciences, education, conservation and as technicians in laboratory research. The program includes a three-semester math component to prepare students for the computational rigors required to be successful in the sciences. The skills acquired by Natural Science majors contribute greatly to their ability to work in teams and think critically, and provide the foundation for those planning to attend a four-year institution and major in a science area.

James Dunphy Appointed Trustee Massasoit Community College



JAMES DUNPHY

Massasoit advance opportunities for our students and the communities we serve.

"Jim and South Shore Bank have long been great partners for the College, and this appointment is a natural progression of his career-long efforts to support educational excellence," said

Ray DiPasquale, president of Massasoit Community College. "I'm excited to work with him as we seek to fulfill the College's mission to be a dynamic, diverse learning community."

"I value this opportunity to support the critical work of the College," said Dunphy. "I've had the pleasure of partnering with them on several initiatives and have seen first-hand the impact of creating opportunities for learning and gaining important skills - these students will lead the way to a more vibrant, thriving community."

During his tenure at South Shore Bank, Dunphy helped found Leadership South Shore, joined the Massachusetts Bankers Association Board of Directors, and was named to the Boston Business Journal's Power 50. Before joining South Shore Bank, he founded and led a consulting firm, taught at Pinkerton Academy, and was previously the president and CEO of Hampshire First Bank. He has held senior leadership roles in the banking sector since 1997 and enjoyed a stint on the adjunct faculty at Antioch Graduate School and Keene State College from 2002-2006. He continues to guest speak at organizations and

colleges across the region.

Dunphy, a certified public accountant and a certified management accountant, earned his bachelor's degree from Bridgewater State University and an MBA degree from Franklin Pierce College. He is an active member of the community and has served on the boards of several nonprofits, including the South Shore Chamber of Commerce, South Shore YMCA (chairman), the Greater Quincy Child Care Center, and South Shore Workforce Development.

Judy Flynn Honored By MassNAELA



JUDY FLYNN

Judy Flynn of Quincy was recently honored by the Massachusetts Chapter of the National Academy of Elder Law Attorneys (MassNAELA) at its annual meeting Dec. 8, 2022.

Flynn, a member of MassNAELA, was presented the Deborah H. Thomson Advocacy Award, which recognizes a MassNAELA member's efforts in advocating for elder issues in state government. Flynn not only helps consistently with advocacy efforts but also engages other parties to assist.

Each year, MassNAELA recognizes chapter members for their commitment of time and energy to the chapter.

Massachusetts state Sen. Joanne Comerford was named the Legislator of the Year for her support of MassNAELA, including being the lead sponsor of efforts to limit MassHealth Estate Recovery.

The MassNAELA annual meeting also included the election of chapter officers and directors for the New Year. The 2023 officers include president, Abigail Poole, Dedham; president-elect, Michael Couture, Somerville; vice president, Erin McBee, Harvard; treasurer, Steven Mann, Waltham; clerk, Alexis Levitt, Norwell; and immediate past president, Cathleen Summers.

Newly elected directors include Gina Barry; Paul J. Bella, Braintree; Faith Delaney, Haverhill; Kimberly L. Kelly, Stoneham; Paula A. Nedder, Milford; and Debra Silberstein, Andover.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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Real Estate

Quincy Real Estate Transactions December 26 - December 30

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Reverse Mortgage Funding LLC
149 Quincy Street LLC
Gerald Charlotin & Amy L. Whittemore
Dale A. Mulhall
Ruth H. Dravinskas, Patricia Dravinskas & Paula Welch
Harrington Realty Trust
Newbury 60 LLC
Chi C. Cheng
Reynaldo T. Bautista
Paul T. Lomanno Realty Trust
McGrath Highway Realty Trust
Stanley & Brenda Tam
Goddard Street Irrevocable Trust
Darlene M. Maggio
Aubrey B. Lockery
Alexander M. & Florence E. Ogilvie
Valarie Woodbury
Richard F. & Kathleen M. Potter

BUYER

Kiet-Lien Chau
Keliang Qiu
Saveena Jagarnath
Jose R. Valencia & Eraldo D. Pinheiro
Jonathan Skerry & Patricia Dravinskas
Alexander D. Craven
George, Nicholas & Despena Papachristos
Peixin Li & Han Chen
Kang Chen & Li M. Zheng
66 Spear Street LLC
City of Quincy
Jeffery M. Law & Rita W. Wong
Wei J. & Ling Li
Donghui Lin & Lifang Gao
John Lynch
Brian Willinsky & Erica Nelson
Huihui Tang
Todd Salamone & Amy Giunta

AMOUNT

\$318,250.00
\$645,000.00
\$505,000.00
\$589,000.00
\$675,000.00
\$515,000.00
\$859,000.00
\$396,000.00
\$572,000.00
\$580,000.00
\$1,800,000.00
\$785,000.00
\$600,000.00
\$790,000.00
\$555,000.00
\$659,000.00
\$292,500.00
\$825,000.00

ADDRESS

34 South Street Unit 301
149 Quincy Street Unit 1
99 Centre Street
35 Graham Street
108 Lincoln Avenue
88 Ames Street
60 Newbury Street Unit 3
10 Weston Avenue Unit 201
69 Edinboro Road
66 Spear Street
6-10 McGrath Highway
151 Granger Street
72 Goddard Street
127 Phillips Street
58 Parke Avenue
34 Meadow Street
1025 Hancock Street Unit 7E
151 Bellevue Road

Snow Thrower Usage: Safety Tips

*Outdoor Power Equipment Institute
Encourages Users To Read For Wintry Weather*

Have you read your owner's manual? Review safe handling procedures. Know how to operate the controls. If the manual cannot be found, look it up online, and store a copy on your computer.

Have you checked your equipment since storing it? Make sure all equipment is completely powered off when checking it over. If you forgot to drain the fuel last winter before storing your snow thrower, empty the gas tank. Adjust any cables and check the auger when the equipment is powered off.

Is the equipment where you can get to it easily? Move equipment to a convenient and accessible location, so you can get to it quickly.

Have you purchased

the right fuel? Be sure to use the correct fuel, as recommended by your equipment's manufacturer. Fuel that is more than 30 days old can phase separate and cause operating problems. Buy gasoline ahead of a storm, as driving may be treacherous during storms and stations can be closed. For more information on fueling properly see www.LookBeforeYouPump.com.

Is gasoline being used safely? Before you start the engine, fill up the fuel tank on your snow thrower while the engine is cold and outside your home or garage. Never add fuel to a running or hot engine. Store the gasoline in a fuel container and label with date purchased and the ethanol content. Make sure fuel is stored safely and out of the reach of children.

Are batteries charged?

If using a battery/electric-powered snow-thrower, make sure batteries are fully charged, in case electricity goes out during a winter storm.

Is the yard free of obstructions? Snow can hide objects. Doormats, hoses, balls, toys, boards, wires, and other debris should be removed. When run over by a snow thrower, these objects may harm the machine or people.

Are you dressed properly? Locate safety gear now, and place it in an accessible closet or location. Plan to wear safety glasses, gloves and footwear that can handle cold and slippery surfaces.

OPERATING SNOW THROWERS SAFELY

Is your clean out tool or stick ready? NEVER put your hands inside the auger or chute. Use a clean out tool (or stick) to unclog snow or debris from your snow thrower.

Do you turn off your snow thrower if you need to clear a clog? Always turn off the snow thrower and wait for all moving parts to come to a complete stop before clearing any clogs or debris.

Is your snow thrower operated only in visible conditions? Never operate the snow thrower without good visibility or light.

Can you aim your snow thrower with care? Never throw snow toward people or cars. Do not allow anyone to stand in front of your snow thrower.

Will you use extreme caution on slopes and hills? Do not attempt to clear steep slopes and use caution when changing directions on slopes or inclines.

Do you know where your cord is? Use an extension cord that is weather-resistant and designed for outdoor use. If using an electric-powered snow thrower, be aware of where the power cord is at all times. Avoid tripping. Do not run over the power cord.

Are pets and children inside while the snow thrower is operating? Kids and pets may love to play in the white stuff, but it's best to keep them inside your home and supervised (by someone else) while a snow thrower is operating. Do not allow them to play in the snow as it is tossed out of the chute.

OBITUARY

Joanne Aarons, 72

Joanne Aarons was a long-time resident of Boston, MA, who was born on June 11, 1950, in Wabasso, Florida.

Joanne was one of six children born to the late Ned Smith and Juanita Aarons. Joanne received her wings and transitioned to be with the Lord with her family and close friends by her side.

In her youth, Joanne attended Indian River High School located in Wabasso, Florida. She was an entrepreneur who started a home day care which served as the first workplace for several family members. She excelled at motherhood and was the foundation of our family, through and through.

Joanne loved reading her bible, speaking with her children, and grandchildren daily while dispensing cooking tips. She had an infectious laugh, and people always gravitated towards her straightforward personality. Joanne was a true friend and a champion for many. These are the memories that our family will forever cherish.

Joanne was preceded in death by her parents: Juanita Aarons, and Ned Smith; her sisters: Blanche Aarons, Marie Smith, Katherine Al-



JOANNE AARONS

len and her brothers: William Smith, and Henry Aarons. She is survived by her daughters: Marie Carthon, Sonia Bennett-Murphy and her husband Keith Murphy, Sheila Capel, and son Douglas Bennett. Her six grandchildren and four great grandchildren: her brother Richard Aarons, and a host of nieces, nephews, great-nieces, great nephews, cousins, extended family, and many friends. She also leaves to mourn her life-long friend, Gail Johnson. She will be sorely missed by all!

Relatives and friends are respectfully invited to attend the funeral service, which will be celebrated on Friday, Jan. 6, at 12:30 p.m. in Keohane Funeral Home, 785 Hancock St., Quincy. Burial in Pine Hill Cemetery, Quincy.

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**More Obituaries
on Page 18, Page 19,
Page 20 & Page 21
and online at
www.TheQuincySun.com**

Early Voting For Ward 4 Preliminary Election Starts Saturday

Cont'd From Page 3

in the order they will appear on the ballot, are: James Devine of Cross Street, Matthew Lyons of Centre Street, Joel Buenaventura of Common Street and Sharon Cintolo of Willard Street.

Cintolo had unsuccessfully challenged incumbent state Rep. Tackey Chan in this past November's state election. The three other candidates are running for office for the first time.

In-person early voting for the preliminary election will take place at the office of the city's election department, which is located on

the second floor of the glass City Hall annex building at 1305 Hancock St.

City Hall will be open for in-person early balloting on Saturday from 8:30 a.m. to 5 p.m. In-person early voting will also take place there next Monday through Thursday – Jan. 9 through Jan. 12 – between 8:30 a.m. and 4:30 p.m. each day.

The office is also open for absentee balloting each business day from 8:30 a.m. to 4:30 p.m. Absentee balloting ends at 5 p.m. on Friday, Jan. 13.

Voters can also cast their ballots by mail in the spe-

cial election. The deadline to request a mail-in ballot is 5 p.m. on Monday, Jan. 9. Applications are available on the city's website, quincyma.gov, and can also be obtained by calling the election office at 617-376-1144.

Those ballots may be returned by bringing them to the election department's office, placing them in the drop box in front of City Hall, or through the mail. All mail-in ballots must be received by 8 p.m. on the day of the preliminary, Tuesday, Jan. 17, in order to be counted, City Clerk Nicole Crispo said. Ballots ar-

riving after the deadline will not be counted regardless of when they are postmarked.

"They have to be in our office by 8 o'clock on Tuesday," Jan. 17, Crispo said.

All absentee and early ballots will be centrally tabulated at City Hall on the day of the preliminary, Crispo said, and ballots cast in-person on that day will be counted at the polling places. Those figures are then merged to give the final tally, which means that while results for each precinct are posted in their respective polling places after

voting ends, "it won't be the whole thing because there are some here," at City Hall, Crispo stated.

As of Dec. 28, six residents had requested mail-in ballots for the preliminary election.

The deadline to register to vote in the preliminary election is 5 p.m. on this coming Saturday, Jan. 7. City Hall will be open that day for voter registration starting at 8:30 a.m. About 11,500 residents are currently registered to vote in Ward 4, which includes parts of South and West Quincy.

The special election is being held to following the resignation of long-time Ward 4 Councillor Brian Palmucci, who left his seat in October following his confirmation as a state judge. Palmucci was first elected to the Ward 4 seat in 2009.

The winner of the special election would be eligible to serve out the remainder of Palmucci's term, which expires at the end of 2023. The winning candidate could seek a full two-year term in this November's municipal election.

Pre-Need Sales Of Cemetery Plots Now Available

Mayor Thomas Koch announces the Cemetery Division of the Department of Natural Resources is selling cemetery plots on a pre-need basis. The sale began Jan. 3.

The city has not sold pre-need plots for more than 25 years. The expansion of the Pine Hill Cemetery off Willard Street is allowing for the pre-need sales initiative.

In order to purchase a cemetery plot or cremation niche at Pine Hill Cemetery, one must be a resident of

Quincy. No more than eight interment spaces will be sold to any one individual. Burial plots will only be sold to individuals and not organizations or institutions.

Residents can purchase plots on-line by visiting www.quincyma.gov. Residents that do not have access to the internet or that would prefer to purchase the plots in person, can visit the Mount Wollaston Cemetery Office at 20 Sea St. The office is open for sales from 8 am to 2 p.m. Monday

through Friday. Payment for the purchase of the interment spots is required upon purchase.

The Pine Hill Cemetery expansion project has been planned for many years and is now underway. Seven acres of new land will be developed and include interment spaces for more than 13,650 people. Those interment spaces will be made up of traditional burial spaces and the city's first cremation niches. The work is expected to be completed in late-

2023 or early-2024.

"We are happy to achieve this goal of providing Quincy residents the peace of mind that interment spaces will be available to them in their hometown," Koch said. "It is important to the people we serve that they do not have to travel far to visit the final resting place of a loved one. The expanded Pine Hill Cemetery will provide an appropriate and dignified final resting place for more than 13,000 of our residents and allow their

loved ones to easily visit."

The contract work for the expansion project is being performed by C Naughton Corp. Project engineering has been done by Woodward and Curran. Landscape Architectural firm KZLA is handling a number of the design features of the landscape. Monti Ackerman, a Quincy-based business, is contracted to create the water features and other monuments and memorials.

The Cemetery Board of Managers oversees the six municipal cemeteries in Quincy: Pine Hill, Mount Wollaston, Hall, Hancock, Sailors' Home, and Snug Harbor. The Board sets the policies for the municipal cemeteries and establishes the fees.

The city will be providing cremation niches as part of this project. These are the first niches in any of Quincy's municipal cemeteries. Cremation remains are eligible to be buried in other cemeteries but this is the first niche wall in Quincy's cemeteries.

In addition to the expansion, the existing areas of Pine Hill Cemetery will be improved. The roads will be repaved, new barrels and water connections will be added, a new office building will be built, and a meditation garden will be added. New trees and flowering shrubs will be added to the existing areas to add to the aesthetics.

"Pine Hill Cemetery will be a beautiful place that provides a necessary service to Quincy residents," said Commissioner of Natural Resources David Murphy. "Mayor Koch has worked tirelessly to get this new section permitted by the State and now Quincy residents will be able to find a dignified, final resting place in their hometown. I am also proud that we are providing various interment options that meet the diverse needs of our community. This is a great project for the city and I am grateful for the support from Mayor Koch, the City Council, and the Cemetery Board of Managers."

Bethany Congregational Church

Bethany Congregational Church invites the public to its regular Sunday worship service at 9:30 a.m. Jan. 8th.

Rev. Patrick McCorkle will be preaching his sermon. Coffee Hour is held after services in the Allen Parlor. Come for refreshments and interesting conversation.

The Sunday service will be available online via YouTube. Go to the church web-

site for the link, or directly to YouTube. For all events at Bethany Church, masks and sanitizer are available.

Visit the Bethany Church Thrift Shop located at 22 Spear St. right next to the church. Hours are Wednesday and Saturday 10 a.m. to 1 p.m. and Thursday evenings 4 to 7 p.m. You will see a sign directing you toward the entrance. Proceeds from this shop will be used

to fund missions.

The Prayer Shawl Ministry meets on the second and fourth Friday evenings at 6:30 p.m. in the Library at Bethany Church. If you are interested in attending, contact the church and leave a message, or ask someone about it at Coffee Hour. If you don't know how to knit or crochet, we can teach you.

Broad Horizons Pre-

school is open and accepting students both full and part-time, for the fall session. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

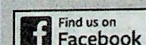
Bethany Congregational Church is located at 18 Spear St., Quincy. Church website is: bethanycongregationalchurch.org. Email address is: bethanycongregationalchurch@yahoo.com. Telephone number is: 617-479-7300.

Proving Ground Celebrates Grand Opening



PROVING GROUND, a new fitness studio, recently celebrated its grand opening at 5 Cottage Ave. in Quincy Center. Founder and owner Erin Waldner launched her business in 2020 by offering outdoor fitness classes at a playground in Hull. The Quincy location is her second physical fitness studio "bringing positivity and inspiration to the Quincy community." More information on pricing, class schedules and founding member specials can be found at provinggroundstudio.com. From left to right: Tim Cahill, Kaleigh O'Riordan, Joe Edgerly, Erin Waldner, Michelle O'Rourke, Janet Batson and Helen Shiner. Courtesy Photo

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, January 5
6:00pm: Bethany Congregational Church
8:00pm: High School Basketball

Friday, January 6
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan

Saturday, January 7
1:00pm: High School Basketball
7:00pm: The Call

Sunday, January 8
11:30am: Good News
1:00pm: The Call

Monday, January 9
11:30am: LIVE: Currently in Quincy
5:30pm: CIQ Interview: Quincy Career Center

Tuesday, January 10
7-9:10am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch

Wednesday, January 11
6:00pm: Quincy Point Cong. Good News
7:00pm: The Call

Government Access Channel 9

Thursday January 5th
4:00pm: Board of License Commissioners 12/20
5:00pm: Zoning Board of Appeals 12/13

Friday January 6th
7:30pm: Fire Prevention & You: Smoke/ CO2
8:00pm: At the Kennedy Center: AAA Northeast

Saturday/Sunday, January 7th/8th
10:00am: Good Deeds: Registry of Deeds
11:00am: Health Links: Stress Response
12:00pm: MA House of Representatives
6:00pm: TCPL Events Calendar

Monday January 9th
3:00pm: At the Library Concert: Masataka Yamamoto
6:30pm: LIVE: City Council

Tuesday January 10th
4:00pm: LIVE: Board of License Commissioners
6:00pm: LIVE: Zoning Board of Appeals

Wednesday January 11th
10:30am: Health Links: Stress Response
6:00pm: In the Know: Lead Abatement Program
7:00pm: City Council 1/9

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

On Dec. 17, 2022, Officer Dave Zupkofska was working a private detail at a restaurant when he observed two young females standing near the bathroom talking to a male. This male was hugging one of the females.

After a few moments, and a few hugs, the female moved over towards the front counter to presumably order food. The male followed and hugged her again, but this time he bumped into another patron. Officer Zupkofska approached the male and instructed him to knock it off. The male then moved away from Officer Zupkofska and towards the front doors.

As he walked, he turned around and mumbled something. Officer Zupkofska did not totally hear everything he said, but heard "F@#\$ Quincy Police." Officer Zupkofska took a step towards the male and the male quickly exited the establishment.

The two young females then moved over towards the front doors. One sat down while the other stood next to the hostess stand. Officer Zupkofska observed that the defendant was unsteady on her feet. He approached both females and asked how they were getting home? They told him that

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

they were getting an Uber.

After a short time, Officer Zupkofska observed the females fall onto the floor in front of the entrance/exit doors, as they attempted to squat down. Officer Zupkofska approached and instructed them to get up and sit while waiting for their Uber.

After a few more minutes, the defendant went to the counter to inquire about her order. Staff informed her that the order wasn't ready yet. The female then walked towards the bathroom and into the lounge. Believing that the female was intoxicated and possibly underage, Officer Zupkofska went to remove her from the lounge.

Officer Zupkofska was able to catch up to her just inside the entrance and took hold of her elbow to get her attention.

He told her that she wouldn't be allowed into the lounge. She began to swear and tell him that she wasn't leaving. He then escorted her outside the lounge into the hallway. She refused to allow other patrons to get into the lounge area and refused all instructions to move out of the way.

Officer Zupkofska informed the defendant that she was being placed under arrest for disorderly conduct. He took her by the elbow to move her out of the way when she suddenly attempted to punch him. She then followed this up with a quick kick to his groin area.

Officer Zupkofska was able to guide her to the floor and place her into handcuffs. He assisted her to her feet and walked her outside to await a marked cruiser.

The 18-year-old female was transported to the Quincy Police Station where she was booked in the usual manner. She was charged with disorderly conduct, assault & battery dangerous weapon (shod foot), assault & battery on a police officer and resisting arrest. Booking officers located four Dr. McGillicuddy Root Beer nips in her pocketbook. These were confiscated and placed into evidence of destruction. Her female friend was transported home by an officer.

Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, DEC. 23

ATTEMPTED RAPE (just happened), 1:13 a.m., Woodbine Street. Arrest made. Female states that a male just tried to overtake her, and she fought back and got away. Reporting party states she was walking from the train station when this happened. Reporting party states male came up from behind her and threw her down on the ground and pulled her pants down while he covered her mouth. Male was wearing a red hood. Reporting party states that she bit the male and he kept saying "shut up and do what I say". 776 at Wollaston Train Station. Male ran towards Wollaston station. MBTA notified. Reporting party was unable to get description, because the male threw down face first and placed an arm across the back of her neck so she was unable to turn. Brewster. 785 and 786 off at the Quincy train station. Suspect has bite marks and fresh blood on his hand. He is handcuffed and detained by 784 and 785 in custody. Woodbine Street ring doorbell video.

VANDALISM/PROPERTY (damage to car), 1:39 p.m., Thayer Street. Bed cover came off a parked truck and hit the caller's car and another parked car. Bed cover is now in the street. Owner had voice message left on cell phone. Message is for owner to call QPD Communications regarding damage to other vehicles by pick-up bed off Dodge Ram. Case number given to other involved by the #782.

LARCENY (check), 4:06 p.m., Falls Blvd. Reporting party works for the post office. States someone had taken her check out of her account. Has suspect information. Reporting party reported this to UPS and they requested a police report. Incident closed. Reporting party does not wish to wait and will come back another day.

LARCENY (package), 4:14 p.m., Clay Street. Possible stolen or misplaced package of checkbooks at 12/16. Reporting party states she found an oil like substance in her mailbox on that day and has her therapist as a witness. Reporting party had an email saying it was delivered but couldn't find anything. Reporting party said there are cameras in the area of the mailroom and will give us a call back after speaking with management. Incident closed. Case number given.

VANDALISM/PROPERTY (broken window), 5:13 p.m., Southern Artery. Reporting party drove past the Santander and noticed one of the windows is smashed. Looks like a bat hit it but didn't see it happen. Window smashed on outer layer of window. Inner layer still intact. No one in area.

BREAKING AND ENTERING/PAST, 9:01 p.m., Beach Street. Walked in and door was unlocked. Laptop, a lot of cash about \$8,000. Reporting party has cameras to the house possible one suspect and reporting party tried chasing them away happened about 20 minutes ago. Reporting party is home with a friend and states some of his belongings was taken too. Correction: suspect walked in and reporting party left the door unlocked. Passport and SSN missing. Report to be filed.

SATURDAY, DEC. 24

LARCENY (credit card), 10:22 p.m., Quincy Shore Drive. Reporting party lost his wallet around 8 p.m. today at CVS. About 15 minutes ago he got notifications from Bank of America saying that someone used his card at McDonald's, 7-11 and Target. Report to be filed.

SUNDAY, DEC. 25

LARCENY (stolen packages), 6:52 p.m., Quarry Street. Male party stole packages and put it in his cart. Reporting party is with him. 5'9" Hispanic male. 10 packages. Hat, dark blue coat heading towards another apartment building head down. Report to be filed. Items returned to lobby.

MONDAY, DEC. 26

BREAKING AND ENTERING/ATTEMPT (past), 11:43 a.m., Baxter Street. Reporting party states she came home last night and noticed that her door lock is dented. States she didn't call last night because it was late. Reporting party states no one made entry into the home, but would like to make a report. No suspect information, report to be filed.

TUESDAY, DEC. 27

LARCENY (bags of food), 9:07 a.m., Intervale Street. Female in the QPD lobby now. Reporting party found cat care company online. Took care of cats while reporting party was away on Christmas. Has security footage of workers carrying bags of items out of unit. Reporting party states food items missing from her cabinets. Video shows cat co-workers walking out with bags full of unknown items. Report to be filed.

ARMED ROBBERY (suspicious white male), 12:19 p.m., Brook Street and Newbury Avenue. Male stated he had a gun, took his wallet. On foot wearing a blue hoodie. Did not show the handgun. Fled with caller's wallet. Male walked towards going up Brook Street. Hood up on head. Yellow blonde hair. Gray pants wearing black jacket. Now male states he saw no firearm and male did not take his wallet. Report to be filed.

BREAKING AND ENTERING/PAST (bulkhead), 2:23 p.m., Follett Street. Someone left a duffle bag on property, opened bulkhead but got no further. No damage to bulkhead, is left opened. Reporting party just returned home today. Duffle bag left in the bulkhead. Report to be filed. Officer took possession of the personal property that was left behind. Officer to file a NIBRS report.

LARCENY (USPS package), 3 p.m., Quincy Avenue. Male in the QPD lobby now. Has video footage of male on camera taking package from doorstep. Happened on Dec. 24 in morning. NIBRS report filed.

WEDNESDAY, DEC. 28

BREAKING AND ENTERING/PAST (motor vehicle), 4:12 p.m., Graham Terrace. Reporting party would like to report the B&E to her motor vehicle. She is unsure when it happened. She would like to speak with an officer. Report to be filed.

LARCENY (past), 4:56 p.m., East Howard Street. Reporting party stated someone stole her credit card and use it. She called her credit card company and was advised to file a report. Incident closed. Party will file online on her own.

ASSAULT AND BATTERY (in the past), 7:19 p.m., Seaport Drive. Reporting party wants to report assault and battery between two patients. Incident happened about one hour ago. Report to be filed. 19A to be filed.

THURSDAY, DEC. 29

BREAKING AND ENTERING/PAST (residence), 12:22 a.m., Becket Street. Arrest made. Porch patio door alarm activated. Resident. One female party detained. One female inbound. White male, 6'0" wearing

white beanie carrying skateboard was asking people in the area about the arrest. 770 requesting he be stopped for FIO purposes. 777 will be out at Holbrook and Newport with a party that matches that description.

LARCENY (phone/credit card), 12:36 a.m., Hancock Street. Reporting party stated his friend left his phone at the store around 8 p.m. and when he came back to get it the employee at the counter stated someone had take it earlier.

BREAKING AND ENTERING/PAST, 10:36 a.m., Howe Street. Past breaking and entering in vehicle. Stolen wallet. In QPD lobby. Report to be filed.

LARCENY (package), 1:10 p.m., Granite Street. Caller said a male and female walked into the above address and stole a package. They are now walking past Granite Street. Male is wearing black jacket, blue hood. Female is wearing a black jacket and white sweat pants. Appears they ripped open packages but unknown if anything is missing. Report to be filed.

LARCENY (wallet), 3:24 p.m., Southern Artery. Caller said she left her wallet at the store. She then went to buy milt shake and realized she no longer had her wallet. She went back to advance and got her wallet back but the person took all of her money. Report.

LARCENY (cash app), 4:20 p.m., Falls Boulevard. In QPD lobby. Reporting party believes it is her son stealing money from her cash app account from October-now and believes her report might have been related to her son. She believes her son took almost \$5,000. Supplement to be filed under original report.

LARCENY (package), 8:58 p.m., Southern Artery. In QPD lobby. States someone stole her Zara package yesterday after it was delivered. States management has security of a male taking the package. Report to be filed.

Total Calls For Service Dec. 23 - Dec. 29: 1,042

BREAKING AND ENTERING Past: Howe Street, Becket Street, Graham Terrace, Follett Street, Beach Street

BREAKING AND ENTERING Motor Vehicle: Adams Street, Willard Street, Victory Avenue, Harkins Street

ATTEMPTED BREAKING AND ENTERING: Baxter Street

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincy-ma.gov/departments/police/resources/press_journal.php#outer-88

QC Basketball Off To 9-2 Start, Resumes Play Saturday

The 2021-22 Quincy College men's basketball team finished with a 19-5 record, made it to the semi-finals of the NJCAA Region XXI tournament, and sent three student athletes on to NCAA Division 2 basketball programs. That's a tough act to follow, but at the halfway point of the 2022-23 season, the current Granite squad has its sights set even higher.

As they did last year, Coach Doug Scott and assistants Kenny Nguyen and Mike Magee (with help from Sullivan Coady and Leshon Crawford) continue to preach the mantra of "work hard and good things will happen." This year's team is off to a 9-2 start thanks in large part to a core group of returning players led by 6'2" point guard Derek Williams (Rockland, MA) and 6'7" fellow co-captain Tyler Victor (Brockton, MA). Tony Palavra (Lynn, MA), a 6'3" shooting guard, is also back along with 6'3" Elton Fonseca (Brockton), glowingly described by his coaches as a "mismatch nightmare." And Isaiah Thomas Pierre (Watertown, MA) is providing valuable experience to the team's first-year members.

That group is young, athletic and already earning valuable playing time. Max DePina (Port Orange, FL) is a 6'6" wing who can score at all three levels; fellow freshman Grant Smith (Richmond, VA) is 6'5" and regularly puts his body on the line with an impressive

blue-collar attitude; Mekhi Dedrick (Dorchester, MA) is a former Boston Public School All-Star who's shown flashes of exciting plays from one end of the court to the other; Guard Amari Jamison (Whitman, MA) is Swiss-Army-knife type versatile enough to

defend the best opposing player or attack the paint to score regardless of who's defending him; Kemar Morgan from Boston's New Mission High School is, his coaches say, "a certified freak" with an ability to grab rebounds and dunk while seemingly floating

in the air; and guards Andre Codera (Brockton) and Josh Rivera (Stoughton, MA) provide energy for the program while using their freshman year to learn from the program's more experienced backcourt talent.

The Granite wrapped up its first half with its sixth

win in a row, a 98-49 victory over visiting UConn Avery Point on Dec. 17. The team opens the second half of the season at home on Saturday, Jan. 7 against nationally ranked Hostos Community College from Bronx, N.Y. at 1 p.m. at Eastern Nazarene College. Admission is free.



GRANT SMITH from Richmond, VA, is one of several first-year players who've helped the Quincy College basketball team to a 9-2 record in the first half of the season.

Courtesy Photo

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645 Hancock Street, Quincy

SUNDAY, JANUARY 8TH

8:00-9:00a Slow Flow with Lori

9:30-10:30a Vinyasa with Jen

11:00a-12p Chair Yoga with Dee

12:30-1:30p Yoga for Beginners with Lori

2:00-3:00p Yoga for Men with Lori

3:30-4:30p Slow Flow Vinyasa & Sound Bath with Ashlyn

5:00-6:00p Restorative Yoga with Maureen S.

6:30-7:30p Guided Meditation with Lori

All Levels Welcome!

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VOTE BY MAIL IN THE QUINCY WARD 4 SPECIAL PRELIMINARY ELECTION

**VOTE BY MAIL BALLOT
APPLICATIONS ARE AVAILABLE
ON THE CITY'S WEBSITE AT
QUINCYMA.GOV.**

**Applications may also
be requested by calling
the Quincy Election Office
at 617-376-1144.**

**TO RECEIVE A BALLOT BY MAIL
FOR THE QUINCY WARD 4 SPECIAL
PRELIMINARY ELECTION,
APPLICATIONS MUST BE RECEIVED
BY THE ELECTION DEPARTMENT BY
5:00PM ON MONDAY, JANUARY 9, 2023**



ABSENTEE VOTING for QUINCY WARD 4 SPECIAL PRELIMINARY ELECTION

TUESDAY, JAN. 17, 2023

Absentee ballots are available for the
Quincy Ward 4 Special Preliminary Election.

Quincy Ward 4 voters may vote in person at City Hall
Monday through Friday from 8:30 a.m. to 4:30 p.m.
until 5 p.m. Friday, January 13, 2023.

Voting takes place in the City of Quincy Election Office,
second floor, City Hall glass annex building,
1305 Hancock St., Quincy.

For voters who would like the ballot mailed to them they
must complete an absentee voter application.
Absentee voting applications are available at
City Hall or at quincyma.gov

**To have an application mailed,
please call the Election Office at (617) 376-1144.**



NORTH QUINCY senior forward, David D'Antona notched two goals – including the game winner with 2.9 seconds remaining in the third period – as the Raiders downed the Quincy Presidents Dec. 27.



NORTH QUINCY senior Vinny O'Leary moves the puck up ice in the first period. He scored the Raiders' second goal in the second period to give North a 2-0 lead over Quincy.

North Downs Quincy In Holiday Tournament

By TOM JOYCE

Sometimes, the final few seconds can determine the outcome of a hockey game.

That's exactly what happened for the North Quincy High boys' hockey team in the opening round of the holiday tournament Dec. 27.

The North Quincy Raiders faced off against their in-city rival, the Quincy Presidents, at the Quincy Youth Arena.

The two sides played a highly-competitive game, but the Raiders pulled ahead with 2.9 seconds left to win the game, 3-2. North Quincy (1-4) advanced to the championship game against King Philip but bowed 8-1. Quincy (1-4) fell to Milton in the consolation game, 8-2.

The Quincy-North Quincy match-up proved to be another chapter in this competitive on-ice rivalry that went right down to the wire. With 2.9 seconds left

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QUINCY SENIOR CAPTAIN Will Martin brings the puck up ice in the first period. He had several scoring opportunities in the game and scored in the second period cutting the Raiders lead to 2-1.

Quincy Sun Photos/Larry Carchedi



QUINCY GOALTENDER Tyler Holmes is surrounded by teammates in the first period as he is about to jump on the puck and tie it up.



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Quincy Ward 4
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Monday-Thursday, January 9-12

8:30 a.m. - 4:30 p.m.

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North Downs Quincy In Holiday Tournament

Cont'd From Page 14

in the contest and things tied at two apiece, David D'Antona gave the Raiders the lead. The senior forward found an opening on a wrist shot and scored his second goal of the game, giving the Raiders the lead.

D'Antona got the puck after senior forward Vinny O'Leary passed it to senior captain Noah Kearney and a Presidents defender hit Kearney. D'Antona ended up with the puck after the hit and found the scoring opportunity.

While D'Antona had the final goal of the game in this one, he also had the first goal as well. In fact, the Raiders amassed a 2-0 lead before the Presidents were able to come back and tie things up at two apiece.

Both teams played tough defense in the first period; neither team scored in the first 15 minutes of the contest. However, D'Antona got the first goal of the game

shortly thereafter.

D'Antona netted his first goal of the contest 43 seconds into the second period. He capitalized on a second-chance opportunity; he found the loose puck in front of the net and buried it inside for the score. His goal came after senior captain and forward James Rogers rifled a shot at the Presidents net - which the team managed to stop.

The Raiders kept that momentum going in the first half of the second period. O'Leary scored the team's second goal of the game with 8:57 left in the second to give the Raiders a 2-0 advantage. He outmaneuvered a pair of Presidents defenders and fired in a shot that bounced inside the net after deflecting off the left post.

Although the Presidents trailed by two goals, they were able to fight back and make the game highly competitive.

They ended up scoring

IN THE THIRD period, Quincy was scrambling for the tying goal. Here Quincy's Cole Quigley just beats North Quincy captain Noah Kearney to the puck and lands a shot on goal. North's goaltender, Aidan McGuinness makes the save, deflecting the puck away from the goal.

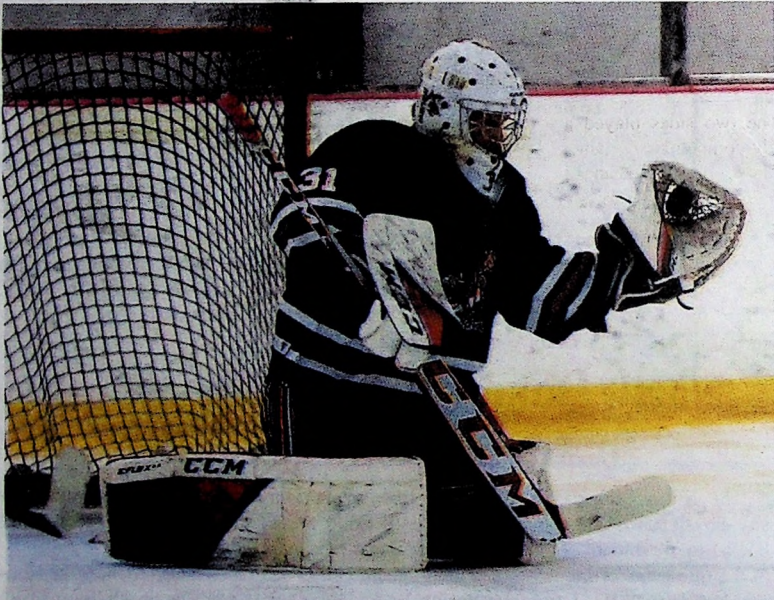
Quincy Sun Photos/Larry Carchedi

two goals of their own.

Senior defenseman and captain Will Martin scored the first goal of the game for the Presidents with 4:14 remaining in the second period. He received a sharp pass from senior defenseman Sam Civiello which set him up for the scoring opportunity. Martin took a shot that went over the right shoulder of the Raiders' goaltender, making it a 2-1 game.

Eventually, the Presidents were able to tie things up. The Presidents capital-

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NORTH QUINCY goaltender Aidan McGuinness has a good read on a shot in the first period. Both Quincy netminder Tyler Holmes and McGuinness came up with big stops keeping the game close throughout the contest.



NORTH QUINCY captain James Rogers battles Quincy sophomore captain Lincoln Hennessey for the puck in the third period. Rogers assisted on North's first goal.



THE PRESIDENTS trailed for most of the game Dec. 27 at Quincy Youth Arena. With 3:41 left in the game, Quincy senior defender Collin Gates scored, tying the game at 2-2.



NORTH QUINCY'S Charles McGrail and Quincy captain Liam VanGestall battle for the puck in the second period.



QUINCY'S Jack Dunn just beats North's Vinny O'Leary to the puck in a fast paced third period.

Quincy Girls' Basketball Wins Holiday Tournament

By TOM JOYCE

The Quincy High girls' basketball team keeps winning.

The Presidents were undefeated as of the start of this week after putting up a lopsided win Dec. 29.

The Presidents hosted Sharon in the holiday tournament title game and like the other opponents they've

faced thus far, they had no issue taking Sharon down. The Presidents hit their shots, including shots from three-point range, and came up with a 67-40 victory. With the win, the Presidents improved to 5-0 on the season.

The first quarter was the most competitive of the bunch. The Presidents outscored their opponent 12-10 in the first eight minutes of the contest but expanded their lead as time went on.

Sharon tied things up at 10 apiece with 1:45 left in the first, but Caroline Tracey (11 points) had a steal and a layup with under a minute left in the quarter, so the Presidents regained the edge.

Before Sharon started scoring, the Presidents got off to a hot start in the first quarter; Alyssa Hopps (12 points) had a basket and Lena Waldron (12 points) hit a three-pointer in the first two minutes of the contest, giving the Presidents a 5-0 lead.

One quarter later, the Presidents' offense exploded; it put up 21 points and the team went into halftime with a 33-22 lead.

A major reason for that second-quarter offensive success was the Presidents' ability to hit three-pointers; 15 of the 21 points the team scored in this eight-minute stretch came off five three-pointers.

During this time, the Presidents also exemplified how scoring is a team effort for them. Four different players hit threes for

them in the second quarter: Paige Mann (9 points), Taylor Mann (7 points), Tracey, and Waldron. Tracey hit two three-pointers in the second quarter for the Presidents.

Meanwhile, the Presidents continued playing tough defense and held their opponent to 12 points in the second quarter. Unlike the Presidents, Sharon only hit one three-pointer in the second quarter.

In the second half, the Presidents were able to expand their lead.

The team got off to a hot start in the third quarter, forcing Sharon to call a timeout. In the first four minutes of the quarter, the Presidents outscored their opponent 8-0. Tracey started the scoring effort with a layup. Then Paige Mann hit back-to-back three-pointers, giving the Presidents a 41-22 advantage with 4:49 left in the third quarter.

After that, the two teams had about an even amount of scoring for the remainder of the quarter. Taylor Mann hit a layup with under 10 seconds left in the third that gave the Presidents a 20-point lead. At the end of three quarters, the Presidents led 52-32.

The Presidents not only managed to protect their lead in the fourth and final quarter of the bout, but they also expanded it; they outscored their opponent 15-8 in the final quarter, extending their lead to 27 points by the time the final buzzer rang.

The Presidents only had one three-pointer in the fi-

nal quarter: Niamh Gendron (9 points) hit one that gave the Presidents a 57-32 lead early in the quarter.

The win over Sharon was the second win of the week for the Presidents. One day prior, the Presidents had a dominant 61-18 win at home over Boston Latin in the tournament opener.

As of the start of this week, most of the Presidents' wins had been lopsided contests. They started the season with a 45-25 win against Hingham on Dec. 12. Then, four days later, they defeated Plymouth South, 74-25. However, they did have a close game on the road against Hanover on Dec. 20; the Presidents won that one, 38-32.

The Presidents have some experience on their side this season; they have five seniors on their roster.

The roster for the Presidents this season includes: senior guard Helena Middleton, freshman guard Taylor Mann, senior captain and guard Caroline Campbell, senior guard Alex Kane, senior captain and guard Lena Waldron, sophomore guard Lilliana Catrambone, sophomore forward Niamh Gendron, junior guard Paige Mann, sophomore forward Kyrie Blue, sophomore forward Alyssa Hopps, senior captain and forward Caroline Tracey. The team's head coach is Sarah Conlon.

The next game for the Presidents is Thursday, Jan. 5 on the road against the Scituate Sailors (6:30 p.m. start time).

North Downs Quincy In Holiday Tournament

Cont'd From Page 15

ized on a power play with 3:41 left in regulation. Senior forward Collin Gates found the back of the goal for the Presidents, erasing the Raiders' lead.

Ultimately, however, the Raiders scored the game-winner in the final seconds.

The roster for the Raiders this season includes: senior forward Vinny O'Leary, sophomore defenseman Ian Ronan, sophomore forward Michael Silverman, sophomore forward Thomas Walsh junior forward Michael Campbell, sophomore forward Collin McGrail, sophomore defenseman Brian Buckley, sophomore defenseman Brian Buckley, sophomore forward Shea Winters, senior forward David D'Antona, senior forward and captain James Rogers, sophomore forward Kevin Gillespie, junior forward Charles McGrail, freshman defenseman Jo-

seph D'Antona, freshman defenseman Luke Hurley, senior forward/defenseman and captain Noah Kearney, sophomore forward/defenseman Christopher Morgan, freshman forward Michael Cavicchi, freshman forward Roan Perry, junior forward Finn Meaney, senior defenseman Jack Cavicchi, sophomore defenseman Cole Hussey, junior forward Matt Bowes, junior goaltender Aidan McGuinness, and sophomore goaltender Elliot Coulter. The team's head coach is Matt Gibbons.

And the roster for the President includes: junior forward Teddy Lynch, sophomore forward David Mellyn, sophomore captain and forward Lincoln Hennessey, sophomore forward Anthony Tibbetts, junior forward Sam Schaaf, sophomore forward Cole Quigley, sophomore forward Ian Manning-Harvey, junior forward Tom Curtin, senior

forward and captain Liam VanGestel, freshman forward Travis Garrett, junior forward Jack Dunn, sophomore forward Joe Curtin, senior forward Collin Gates, senior forward and captain Will Martin, junior defenseman Liam Foley, junior defenseman Declan Rogers, senior defenseman and captain Andrew Novak, senior defenseman Sam Civiello, freshman defenseman Joe MacNeil, senior goaltender Sean Halley, senior goaltender Tyler Holmes, and senior goaltender Brayden O'Connell. The team's head coach is Ted Walsh.

The Presidents played Marshfield at the Bog in Kingston Wednesday (5:20 p.m.) and host Pembroke Saturday, Jan. 7 at 8 p.m. at Quincy Youth Arena.

The Raiders host Plymouth South Saturday, Jan. 7 at 6:10 p.m. at Quincy Youth Arena.



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North Quincy Bows To Weymouth In Adams Holiday Classic

The North Quincy varsity boys' basketball team bowed to Weymouth 53-49 in the title game of the Adams Holiday Classic tournament held last week.

The Raiders (4-1) were led by senior guard Zach Taylor (13 points), senior forward Joe Bates (10 points, 5 rebounds, 2 blocks) and sophomore guard Kobe Nguyen (10 points, 6 assists).

Weymouth (4-3) was led

by junior forward and tournament MVP Edric Louis-saint (14 points, 5 rebounds) and junior guard Gill Dolan (10 points).

In the consolation game, Braintree (3-3) defeated Quincy (0-5) by a score of 54-47.

Braintree was led by junior guard Theo Moore (15 points) and Barry Joseph (9 points).

For Quincy, senior guard Christian Monteiro-Spagno-

lo and junior guard Manny Aguayo both scored 11 points.

Named to the 2022 Holiday Classic All-Tournament Team were Quincy's Danny Adams, Braintree's James Tellier, North Quincy's Zach Taylor, and Weymouth's Gill Dolan and Edric Louis-saint.

Weymouth head coach Jim Dolan was named top tournament coach.

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Nine QNQ Athletes Attend MSTCA Indoor Track Clinic

Nine Quincy-North Quincy athletes attended the MSTCA Do It Indoor Track Clinic held Dec. 30 at the Reggie Lewis Center.

Clinic Director was legendary North Quincy coach and Hall of Famer Lou Tozzi. Clinicians included QNQ Throwing Coach and NQ and Northeastern star Michelle Bell.

Athletes were introduced to training techniques as well as injury prevention strategies and fitness and agility activities. Students attending included Jayden Francois, Eliza Henry, William Lanergan, and Mia Tratzinski (QHS) as well as Giovanni McKenzie, Grace McGough, Brooklyn Rizzo, Grace Cody and William

Le (NQHS). Head Coach Geoff Hennessy accompanied the athletes.

At the conclusion of the clinic, the always popular raffle was held. Quincy High Junior Jayden Francois won a Red Auerbach Freshman-Sophomore Meet T Shirt courtesy of the Red Auerbach Foundation.



WILLIAM LANGERGAN (left), Grace McGough (center) and Brooklyn Rizzo (right) get instruction from Newton North throwing coach Mike Bower at the MSTCA Do It Clinic Dec. 30 at the Reggie Lewis Center.



GRACE CODY (center) works on lateral agility. Courtesy Photos



JAYDEN FRANCOIS (center) and William Le (right) get pointers in the hurdles.



GIOVANNI MCKENZIE (right) gets instruction from Keith McDermott, former Northeastern University coach in the long jump.

172 On Point Webster Middle School Honor Roll

One hundred seventy-two students are listed on the first term honor roll at Point Webster Middle School.

HIGH HONORS

Grade 8: Orooj Adil, Fayana Altheus, Lidya Araya, Tina Au-Duong, Akshat Bhardwaj, Minh Bui, Analia Candelario, Menting Chen, Pallavi Cherukuri, Pavan Cherukuri, Kayla Chow, Trung Do, Gabrielly Dos Santos Marques, Jayla Douangmala, Dimetri Du-

Fonseca, Susi Francisco Ribeiro, Murilo Gomes Marques, Danielys Guzman Reyes, John Huynh, Nikola Hysenaj,

Annika Kogler, Jingwen Kuang, Athena Kymissis, Yubin Liu, Cullen McSweeney, Jingying Mei, Halima Mohamed, Elias Monroy-Ochoa, Emma Nguyen, Rachel Ou, Colin Parrell, Kush Patel, Pranav Pragasheeswaran, Amarah Sarwar, Amanda Silva-Costa, Kaylee Tang, Sumayya

Taqdees, Hevellyn Teixeira Peres Pinheiro, Collin Tran, Justin Tsao, Ainsley Ruffina Vigil Kaspar Dev, Alex Yu, Amanda Zhang, Brenda Zhang, Katrina Zheng.

Grade 7: Odin Boyd, Oliver Bridges, Kellyanne Cabral, Caley Chen, Baiwei Deng, Patrick Donovan, Lilyana Ebbs, Winta Fessahaie, Manar Gharbi, Amanda Gonzalez, Brian Huynh, Vianna Huynh, Mr. iduna Kishore, Mia Leung,

Quincy-North Quincy Indoor Track

MSTCA Boston Holiday Challenge 12/27/22 Reggie Lewis Center								
Gender	First	Last	event	performance	place	seed	competitors	comment
F	Maddie	McGillicuddy	600m	1:47.75	21	45	42	PR
F	Sofija	Slezas	55m	7.90	38	25	84	
F	Salma	Boukhtam	600m	1:43.89	9	2	84	season PR
M	Jacey	Ham	55m	7.08	58	30	90	
M	Alex	Stankov	300m	40.94	130	199	165	PR
M	Jacey	Ham	High Jump	6'00"	3	9	31	indoor PR

MSTCA Distance Classic 12/28/22 Reggie Lewis Center Boston								
Gender	First	Last	event	performance	place	seed	competitors	comment
F	Hannah	Moriarty	800m	2:39.95	10	30	75	
F	Erin	DellaBarba	1000m	3:39.86	22	36	64	
F	Grace	McGough	Shotput	21'01.5"	66	30	71	
F	Brooklyn	Rizzo	Shotput	24'05"	29	23	71	PR
M	Patrick	Lee	800m	2:23.05	47	42	68	
M	Kyle	Clements	Mile	5:19.34	85	57	109	
M	William	Lanergan	Shotput	24'06.75"	81	103	82	

OBITUARIES

Edward F. Powers, 91

Edward F. "Ed" Powers, age 91, formerly of Houghs Neck, passed away peacefully on Christmas morning.

Edward was born on March 6, 1931, in Boston, Massachusetts to John and Kathleen Powers. He was elder brother to John "Jackie" Powers. The family resided in East Boston during their children's early years and would later relocate to Houghs Neck where Edward would raise a family and spend the rest of his life.

In 1949, Edward's mother offered to host the daughter of a dear family friend from overseas. Patricia "Pat" Nolan of Liverpool, England immigrated to America on July 27, 1949, to escape the devastating aftermath of World War II and took up residence in their home. Unbeknownst to Edward and Patricia, the pair were destined to fall in love. They married on May 28, 1955, at Most Blessed Sacrament Church and raised four children in a beautiful home overlooking the sea.

Edward passed the warm summer months on his boat in the bay that bordered his home. He fulfilled a lifelong dream when he installed a pool in his backyard in which countless hours were enjoyed by both his children and grandchildren alike. He



EDWARD F. POWERS

tirelessly worked two jobs - the first as a cable splicer for the New England Telephone Company and the second as a bartender at the Neighborhood Club of Quincy. Upon his retirement at age sixty, he purchased a condo with his wife in Naples where they would flock annually to escape New England winters. He began each day in sunny Florida with a long walk followed by golfing, parties, and trips to the beach with his "snowbird" lifelong friends.

Edward was a wonderful husband, father, son, brother, uncle, grandfather, and friend. He approached life with a unique sense of levity and had a knack for making everyone he met laugh. He will be remembered for his infectious smile and spirit but above all, the twinkle in his sparkling blue eyes.

Edward is survived by his four children and their

spouses - Sharon and Thomas Joyce of Braintree; Susan and Robert Molloy of West Roxbury; Lynne and William Crawford of Reading; and Edward and Kathleen Powers of Weymouth. He is lovingly remembered as "Granky" by his nine grandchildren, their spouses, and four great grandchildren - Lauren and Michael Mejaki, and their sons, Owen and James; Kevin Crawford; Nolan and Janessa Powers, and their son, Rowan, and daughter, Ellora; Meaghan and Colin Molloy; Olivia and Cameron Powers; and Jacqueline and Liam Joyce. He was dearly loved and will be deeply missed by all.

Visiting hours were held Tuesday, Jan. 3, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Tuesday prior to the Funeral Mass in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy. Burial in Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in memory of Edward may be made to St. Jude Children's Research Hospital, 501 St. Jude Pl., Memphis, TN 38105. Please see www.Keohane.com for directions and online condolences.

Margarita E. 'Maggie' Bellotti, 98

Devoted mother to 12 children and wife of Francis X. Bellotti for 73 years, Margarita "Maggie" E. (Wang) Bellotti died peacefully at her home in Hingham surrounded by her loved ones, in prayer on Dec. 26, at age 98.

The matriarch of a large family and devoted supporter of her husband's decades-long political career, Maggie was the bedrock of her growing family. She was a devout Catholic and her unwavering faith was evident to all who met her. It was her lifelong mission to instill her faith in her children, grandchildren and great grandchildren. And, she succeeded.

Maggie was born in Ashtabula, Ohio on July 16, 1924, to Raymond and Isabelle Wang, and sister to Fran, Donnabelle, and Bobby. Her youth was spent in Twin Lakes, Wisconsin. Maggie met her future husband Frank in Florida in 1948, where both worked at the Hollywood Hotel - Frank as a lifeguard, Maggie as a cashier. It was love at first sight and the beginning of their life-long journey together that spanned more than seven decades. Maggie was warm, funny, energetic, and quick-witted, and could break into a song and dance at any given time. She was able to balance the responsibility of a growing family and Frank's political career with grace. Though the kitchen table was always full in the Bellotti household, Maggie always made



MARGARITA E. 'MAGGIE' BELLOTTI

room for more.

She followed her heart to serve the disadvantaged and disenfranchised by working as a Victim Witness Advocate at the Norfolk District Attorney's Office and as a long-time board member of DOVE, an organization to end domestic violence. She was a proud and unflinching supporter of the Friends of the Unborn. Her strong Catholic faith led her to take many pilgrimages including trips to Lourdes, France; Medjugorje, Yugoslavia; the Vatican; the House of Loreto, Italy; and the Holy Land, where she restored and affirmed her faith.

Even with her large and active family, Maggie returned to college to complete her degree at University of Massachusetts, Boston, and later earned a master's degree from Cambridge College. She loved music and was an avid piano player who learned classical piano at a young age, took lessons for decades, and enjoyed playing well into her 90's. During their mischievous, adolescent years, the kids were often thrilled to

hear her playing the piano, especially when they snuck in unnoticed after curfew. She sat at the piano early this December playing one of her favorite pieces, for what would be her last time.

Although her faith and family were her top priorities, Maggie had many interests that kept her active into her 90's. Her energy was boundless and often exhausted her children who wondered when their parents would ever slow down. Later, when Frank and Maggie went to Florida for the winters, she discovered new hobbies and interests. She volunteered at the gift shop at St. John's Church, took Bible classes, learned to play bridge, taught English to Spanish-speaking children, and played in a local tennis group before hanging up her sneakers at the age of 88. Maggie will always be remembered for her steadfast devotion to Our Lord and the Blessed Mother.

Maggie was the beloved wife of Francis X. Bellotti of Hingham, loving mother of the late Francis X. Bellotti, Jr., Kathleen A. Bellotti of Hingham and Artie Kouyoumdjian, Mary E. (Liz) Tufo and the late Anthony (Tony) Tufo of Quincy, Nina M. Flaherty and her husband Joseph of Weymouth, Peter Bellotti and his wife Barbara of Winchester, Terry Bellotti-Palmieri and her husband Kenny of Weymouth, Rita Barry of Quincy and Michael Barry of Hull, Joseph Bellotti of Quincy, Thomas Bellotti of Quincy and Lori Bellotti of Braintree, Patricia Bellotti-O'Rourke and her husband William of Dedham, Michael G. Bellotti and his wife Gayle of Quincy, and Sheila A. Marchetti and her husband Michael of Cohasset; Gary Ginsburg (like a son) of Quincy. Maggie also leaves 26 grandchildren and 11 great grandchildren.

Visiting hours were held on Sunday, Jan. 1, 2023, in St. Ann's Church, 757 Hancock St., Quincy. Her Funeral Mass took place on Monday, Jan. 2, 2023 in St. Ann's Church, Quincy. Burial in Mt. Wollaston Cemetery, Quincy.

Since the church is decorated with Christmas flowers, please consider a donation in lieu of flowers to Friends of the Unborn, P.O. 692246, Quincy, MA 02269-2246.

Anesti L. 'Nick' Nasson, 93

Anesti L. "Nick" Nasson, age 93, of Hingham, formerly of Quincy, died peacefully, Monday, Dec. 26, 2022 at South Shore Hospital in Weymouth, in the comfort of his loving family.

Anesti was born in Korce, Albania, to the late Lazar and Konstantina Nasson. He immigrated to the United States as a young boy, settling in Somerville with his family. He was a graduate of Somerville High School.

Nick lived in Hingham and Quincy for many years.

Anesti was proud to have served in the United States Navy during the Korean conflict aboard the USS Mississippi (EAG-128).

Nick was employed with the former Shawmut Bank of Boston for thirty years. He served in various roles, retiring as a vice president. He had been retired for many



ANESTI L. 'NICK' NASSON

years.

Anesti was an avid traveler, having taken over fifty cruises throughout the world, with his wife, Dorothy. Most of all, he was devoted to his family, actively supporting their many activities and accomplishments.

Beloved husband for thirty-two years of Dorothy E. (MacKinnon) Nasson. He was predeceased by his first wife, Henrietta (Adams) Nasson, to whom he

was married for twenty-three years.

Devoted father of Stephen L. Nasson and his wife Susan of Wrentham, and Laurence G. Nasson of Quincy.

Loving Papa of Stephanie A., Sydney M., and Samantha E. Nasson.

Dear brother of James Nasson, Robert Nasson, and the late Joseph Nasson.

Anesti is also survived by several nieces and nephews.

Funeral Services were conducted in the chapel at Newton Cemetery, 791 Walnut St., Newton Center, on Thursday, Dec. 29. Reverend Presbyter Paul Zuniga, Priest in Charge, Holy Trinity Albanian Orthodox Church, South Boston, officiated. Interment followed.

The Nasson family has requested that flowers be omitted. In lieu of flowers, donations in Anesti's memory may be made to St. Jude Children's Research Hospital, 501 St. Jude Pl., Memphis, TN 38105.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Donald T. MacPhail, 86

Donald T. "Tommy" MacPhail, age 86, of Braintree, formerly of Quincy, died peacefully, Sunday, Dec. 25, 2022 at South Shore Hospital in Weymouth.

Donald was born in Boston and raised in Dorchester. He lived in Braintree for over three years, previously in Quincy for most of his life. He earned an Associate's degree from Quincy College.

He served in the United States Army during the late 1950s and was stationed in Germany.

Tommy was employed as an iron worker with Local 7 for over thirty years. After retirement, Tommy worked as a substance abuse counselor at the Gavin House in South Boston for ten years.

Tommy was proud of his forty-four years of sobriety and his ability to assist others in their recovery.

Tommy was a loving father, grandfather, and friend



DONALD T. 'TOMMY' MACPHAIL

to many.

Visitation was held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Wednesday, Dec. 28. Interment, with military honors, followed at the Massachusetts National Cemetery, Bourne.

In lieu of flowers, donations in Tommy's memory may be made to the Gavin Foundation Development Department, 675 East 4th St., P.O. Box E-15, South Boston, MA 02127.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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Craig S. Bowlen

Craig S. Bowlen of Brockton, formerly of Quincy, and Holbrook passed away unexpectedly at home, Dec. 7, 2022.

He was born Feb. 25, 1970 in Quincy, Ma. Where he was raised and spent most of his life. He was a graduate of Quincy Vocational Technical High School.

A "favorite" son of Sandra A. (Jordan) Bowlen and the late John F. Bowlen, loving brother of Michael and his wife Maggie, Paula, Brenda Chiu and her husband Bun, Philip, and his late brother William (Billy). Devoted husband of Heidi Bowlen (Yorston). Loving father of Amy Matranga, Emalie Bowlen and the Late Brittany Bowlen.

Cherished Papa of Caleb, Gabriel, Brayden and his newly born granddaughter Erin. Craig was excitedly anticipating Erin's birth before he passed.

Craig loved spending time with his family and friends. He was passionate about American muscle cars, attending car shows and car races with his family, and fishing.

He also leaves behind Nephews, Nieces, Aunts, Uncles, Cousins, a Sister In-law, Brother In-law and friends who will miss him dearly.

Craig worked in the



CRAIG S. BOWLEN

HVAC field. He formerly worked for Victory, and Sila before he proudly created his own successful HVAC company named Atmosphere Air.

His proudest accomplishments were being a father and papa.

Craig will be greatly missed by all who knew and loved him.

He will be remembered for his quick wit, sense of humor, kindness, and his willingness to lend a helping hand whenever needed, which was very appreciated.

A celebration of Craig's life will be held at a future date.

Arrangements are under the care of Hamel-Lydon Chapel. For more information or to leave an online condolence please visit HamelLydon.com

Richard Patrick "Dick" Flavin, 86, of Quincy passed away Dec. 28, 2022. He lived a life celebrated to the fullest. He was an American poet, entertainer and author known as the Poet Laureate of the Boston Red Sox, the team's public address announcer, a television journalist, political commentator, playwright and newspaper contributor.

Flavin was born on Dec. 7, 1936 in Boston and grew up in the Merrymount section of Quincy. He was the beloved son of James and Helen (Donovan) Flavin.

He graduated from Archbishop Williams High School in Braintree and Stonehill College in Easton, MA. He took graduate courses in radio and television at New York University.

After a brief stint at his family's real estate business, Flavin & Flavin Realty, a profession for which, by his own admission, he was ill-suited, he found his calling in politics. He became the press spokesman for the Massachusetts State Democratic Committee in 1963. He worked as a speechwriter for several Democratic politicians, including Ted Kennedy. He was press secretary for Maurice Donahue, president of the Massachusetts Senate. In 1967



RICHARD P. 'DICK' FLAVIN

he helped Kevin White's successful campaign for Mayor of Boston. He served as press secretary during White's first administration.

In 1970, Flavin left working in politics for political reporting. He became political editor and reporter for WNAC-TV in Boston before moving to WBZ-TV in 1973, where he spent 14 years as a political commentator and social satirist. He was best known for delivering the last segment of the Nightly Six O'Clock News. Perhaps you remember his Howard Cosell-esque character, "Biff Flavin," or his clever, poignant, unique, and often insightful view on life and politics. It was during this time that he was named one of Boston's ten outstanding young leaders by the Boston Junior Chamber of Commerce and was presented the Stonehill College outstanding alumnus award. He taught seminars at Harvard's Kennedy School of Government. He was nominated for 14 New England Regional Emmy Awards and won 7 times. His work as a broadcaster was honored in 2011 with his induction into the Massachusetts Broadcasters Hall of Fame.

In 1987, Flavin left television to devote all his time on the lecture circuit. His speaking career took him all over the United States. He raised untold sums for charities by volunteering his services as an emcee. He loved giving back to the community and was generous with his time. Among the charities closest to his heart were The Jimmy Fund, and The Genesis Foundation for Children (The John Havlicek Celebrity Fishing Tournament was a favorite annual event). He served on the board of the latter for more than 30 years. He has been recognized by Catholic Charities of Boston for his work and was on the advisory board for UMASS Boston's Sport Leadership and

Administration BA. There are countless other charities and causes that he supported.

If you've ever been so lucky as to encounter a true creative, you know their minds are never still and, in a move no one saw coming, he became a playwright. Flavin's one-man play, According to Tip, was produced at Boston's New Repertory Theatre in 2008, starring Ken Howard. The play charmingly captures the public and private life of Tip O'Neill. Dick Flavin himself even performed in the role on several occasions. I suppose we should add "actor" to his already long list of accomplishments.

In 2001, Flavin took the road trip of a lifetime when he drove two Red Sox greats, Dom DiMaggio and Johnny Pesky from Massachusetts to Florida. He drove the dear friends to "say good-bye" to a gravely ill Ted Williams. A self-proclaimed Rhymer, Flavin rewrote "Casey at the Bat" turning it into "Teddy at the Bat." (He made sure to tweak the ending so Teddy didn't disappoint the fans, a la Casey.) When they arrived in Florida, as an offering, and in what he believed would be a one-time performance, Flavin recited the poem in front of the three baseball greats. It must have been a hit (pardon the pun), as word of the reconfigured poem made its way back to Boston. He was asked to reprise the recitation at Fenway Park during a Red Sox memorial for Williams. He went on to perform it all over the country, including at the Baseball Hall of Fame in Cooperstown, New York, and with the Boston Pops Orchestra at Boston's Symphony Hall. David Halberstam, the Pulitzer Prize-winning author, wrote a book about the adventure called The Teammates. Later ESPN produced a documentary based on the book. Narrated by Flavin, the documentary was nominated for a national Emmy award.

In proof that dreams really do come true, Dick Flavin was named Poet Laureate of the Boston Red Sox. In a career of many highlights his most treasured position was that of being named the Voice of Fenway Park. He served as the day-game announcer at Fenway Park for five seasons beginning in 2013. Working in his job as Senior Ambassador for the Red Sox he made appearances for the team where he would recite his verses. He loved to joke about the boy who couldn't hit a ball out of the infield but somehow weaseled his way into two World Series rings! In 2015 he released a collection of

his poems entitled Red Sox Rhymes: Verses and Curses. The book, published by William Morrow, was a New York Times sports bestseller.

In 2009 he was diagnosed with throat cancer, a difficult blow for a man who made his living giving speeches. But like other obstacles he encountered in his lifetime, cancer was no match for his strong spirit - for heaven's sake ... the man had lots more to say!

In the most recent seven years he published a weekly blog "Musings by Dick Flavin." It featured "whatever thoughts he might have at any particular time about any particular subject" and is available at www.dickflavin.com. He was a weekly contributor to The Boston Pilot, the oldest Catholic newspaper in the country.

Let's you think otherwise, he had hobbies that did not include the Red Sox. He was an avid jogger, sailor and fisherman. He was a history buff, a voracious reader, a cinephile, and pretty darn good at a crossword puzzle. He loved to look at the beach but he did not like to be on the beach. He loved a game of Horse and healthy debate over just about anything. He cherished being with his friends, and his home in Wellfleet always held a special place in his heart. His readiness to laugh was a characteristic loved by all. His readiness to sing ... not so much.

Flavin was loved by all who knew him. His family most of all. He leaves behind two daughters: Leslie, her husband Rich and their two children, Bitsy and Duke McCarthy of Los Gatos, California and Meredith Flavin her husband, Alan Frank and their daughter Helena of Carlsbad, California. The mother of his children is Betsy Flavin Gustafson, to whom he was married for twenty years and remains a part of his family. He was one of four children and leaves behind his little sister Marilyn (Flavin) Colman, her husband Richard and their four children. There are many loved nieces and nephews, grand nieces and nephews, in-laws, cousins and extended family that he leaves behind as well. He is predeceased by his sister Marguerite Flavin and his brother Fr. James J. Flavin, OMI.

Dick will be missed by legions of friends and fans as a unique contributor to the fabric of the Boston area. Details on the celebration of his well-lived life will be available at a later date. In lieu of flowers, please make a donation to the Genesis Foundation for Children at www.thegenesisfoundation.org.

Joseph M. Bissanti, 75

Joseph M. Bissanti, age 75, of Quincy, died peacefully, Wednesday, Dec. 28, 2022 at CareOne at Newton, surrounded by his loving family.

Joseph was born, raised, and educated in Quincy. He was a graduate of Quincy High School, Class of 1965. He earned a Bachelor's degree from Northeastern University, working part-time as a barber to support himself while a student.

Joseph enjoyed a varied and full life. He was a business entrepreneur, owning and operating four businesses which spanned the areas and industries of travel, food, import, and transportation. He was a financial planner and insurance award winner with Acacia Mutual Life Insurance Company. Joseph was proud to be featured in Who's Who in America.

Joseph was an avid traveler, having visited many states domestically and many countries abroad. He had a love of sports and



JOSEPH M. BISSANTI

for a time, was involved as an assistant coach and vice president of Weymouth Pop Warner football. He also placed great importance on scouting and spent six years as a Scoutmaster in Quincy.

Devoted father of Nicholas Bissanti and his partner Kristin of Calif., Vincent and his wife Ashley, and Alicia Bissanti, all of Kingston.

Loving grandfather of Mia and Sal.

Cherished son of Nia (Coppolechia) Bissanti of Quincy and the late Antho-

ny Bissanti.

Dear brother of Michael A. Bissanti of Quincy.

Joseph is also survived by two nephews and their families.

Funeral Services were conducted Wednesday, Jan. 4 at 10:30 a.m. at the Sweetney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Interment followed at Blue Hill Cemetery, Braintree.

For those who wish, donations in Joseph's memory may be made to any of the following charities Joseph supported and felt deeply about: St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105, Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675-8516, or Prison Fellowship, P.O. Box 1550, Merrifield, VA 22116-1550.

You are invited to visit www.thesweetneybrothers.com or call 617-472-6344.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

More Obituaries

on Page 20 - Page 21

and online at

www.TheQuincySun.com

Frederick L. Chetwynd, of Quincy, formerly of New Jersey, died peacefully at his home on Tuesday, December 27, 2022. He was 75.

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. NO22P3275EA
Commonwealth of
Massachusetts
The Trial Court

Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Dolores G. Nogler

Date of Death:

September 16, 2022

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Jennifer A. Moore of Eagle, ID**

a Will has been admitted to informal probate.

Jennifer A. Moore of Eagle, ID has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

1/5/23

Frederick L. Chetwynd, 75

Frederick was born in Boston on March 26, 1947 and was a son of the late Francis B. and Catherine (Day) Chetwynd. He was raised in North Quincy, attended local schools, and graduated from North Quincy High School. Following graduation, Frederick enlisted in the United States Air Force on June 26, 1967. He proudly served his country during the Vietnam War. Frederick was stationed in Guam on the Anderson Air Force Base, where he oversaw armor transportation and loading the explosives onto the aircraft. Frederick was honorably discharged at the rank of Sergeant on June 25, 1971.

Frederick loved music and decided to continue his education at Graham Junior College. Though he didn't complete his degree in music, he loved being a disc jockey. He had a vast collection of vinyl records and owned an antique victrola. Frederick also loved to garden and raised many kinds of flowers. He loved color and was proud of his



FREDERICK L. CHETWYND

achievement. He even entered a gardening tour show.

The most important part of Frederick's life was his family and being a grandfather. After his wife died at a young age, Frederick made sure he was available for his children. He purchased his current residence with the sole purpose of creating a home that his family could always return to, rely on, feel safe, secure, loved and welcome. Frederick extended this open-door policy to anyone in his life. There wasn't anything he wouldn't do for the people he cared for.

Frederick's life lessons and example are part of

his legacy that continues through his family. He will be missed by all the lives he touched.

Frederick was the beloved husband of the late Kathleen (Connell) Chetwynd. He was the devoted father of Matthew F. Chetwynd of Waltham, Christopher J. Chetwynd of Quincy, Cynthia J. Glynn of Quincy, and Dorothy J. Chetwynd of Quincy. Frederick was the loving grandfather of Nathan Peddie of Salem, Nicholas Peddie of Quincy, Ryan Chetwynd of Quincy, Elizabeth Chetwynd of Quincy, and Jack Glynn of Quincy. He was the dear brother of John W. Chetwynd and his late wife Eleanor of Quincy, Theresa A. Lambert and her late husband Edward of Bridgewater, Frances R. Langille and her late husband Frank of Quincy, Joseph T. Chetwynd of Pembroke, Irene C. Andrews and her late husband William of East Bridgewater, and Mary E. Sullivan and her late husband Kevin of Quincy. Frederick is also survived by many loving nieces, nephews, extended family, and friends.

A Funeral Mass was celebrated Wednesday, Jan. 4 at Divine Mercy Parish in Sacred Heart Church, Quincy at 10:30 a.m.

Interment in Pine Hill Cemetery, Quincy.

Memorial contributions may be sent to Tunnel to Towers Foundation by visiting: www.t2t.org/donate.

Funeral arrangements were by the Keohane Funeral Home, 785 Hancock St., Quincy.

See www.Keohane.com for directions and online condolences.

Martin Aikens, Chairman

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-101

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Brian Laroche for a Variance/Special Permit/Flood Plain to extend the existing single-family home horizontally and vertically making it three stories to meet the floodplain requirements in violation of the Quincy Zoning Ordinance Sections 4.1 (Dimensional Requirements) & 5.1.8 (Parking Requirements) on the premises numbered 67 EDGEWATER DRIVE, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

1/5/23, 1/12/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-102

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Yinze Feng for a Special Permit to Operate a Large Family Daycare in violation of the Quincy Zoning Ordinance Section 3.1.4K Table of Uses (Large Family Daycare) on the premises numbered 171 SHERMAN STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-106

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Fang Lin for a Special Permit to Operate a Large Family Daycare in violation of the Quincy Zoning Ordinance Section 3.1.4K Table of Uses (Large Family Daycare) on the premises numbered 15 BASS STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-104

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Shuhua Zhou for a Special Permit to Operate a Large Family Daycare in violation of the Quincy Zoning Ordinance Section 3.1.4K Table of Uses (Large Family Daycare) on the premises numbered 7 OAKRIDGE ROAD, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-109

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Xiuzhen Mei for a Special Permit to Operate a Large Family Daycare in violation of the Quincy Zoning Ordinance Section 3.1.4K Table of Uses (Large Family Daycare) on the premises numbered 4 EUSTIS STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

OBITUARIES

James F. Neil, 79

James F. Neil, age 79, a lifelong Quincy resident, died peacefully, Thursday, Dec. 29, 2022, at the Beth Israel Deaconess Hospital - Milton, surrounded by his loving family.

James was born in Boston, to the late Anna M. (Burgholzer) and James Neil, Jr. Raised and educated in Quincy, he was a graduate of Quincy Vocational Technical High School.

He was employed as a service manager in the automotive industry for many years.

Jim enjoyed sailing and was a talented carpenter and woodcarver.

He loved spending time with family and friends.

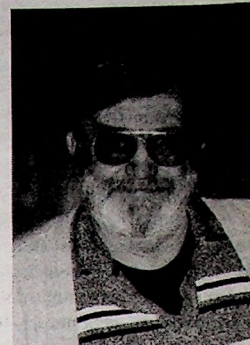
Beloved husband for 60 years of Claire (Collins) Neil.

Devoted father of Christopher R. Neil and his wife Elizabeth of Lakeville, and the late James F. Neil, Jr.

Dear brother of Robert J. Neil and his wife Maureen of Kingston, and the late William L. Neil.

Jim is also survived by many nieces, nephews, and cousins.

Graveside Services will



JAMES F. NEIL

be conducted at Blue Hill Cemetery, 700 West St., Braintree, on Thursday, Jan. 5, at 11 a.m. Relatives and friends are invited to attend. Those attending should gather at the cemetery office at 10:45 a.m.

For those who wish, donations in Jim's memory may be made to the Leukemia & Lymphoma Society, Northeast (New England), P.O. Box 22470, New York, NY 10087-2470.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-110

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Jennifer Chase for a Special Permit to Add a Prefabricated Wood Frame Shed to Collect Clothing Donations in violation of the Quincy Zoning Ordinance Section 3.1.1L Table of Uses (Drop Box for Clothing or Other Donated Items) on the premises numbered 36 W HOWARD STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services

ZONING BOARD OF APPEALS

CASE NO. ZBA-22-113

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, January 24, 2023 at 6:00pm** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Steven Baylis for a Variance to subdivide the existing lot and construct a new single family home in violation of the Quincy Zoning Ordinance Sections 4.1 (Dimensional Requirements) on the premises numbered 108 LENOX STREET, QUINCY.

Plans and Specifications may be viewed online at <https://quincyma.viewpointcloud.com/>.

Martin Aikens, Chairman

1/5/23, 1/12/23

OBITUARIES

Stacey J. Farnham, 60

Stacey J. (Corbett) Farnham of Quincy, died peacefully on Friday, December 30, 2022, at the Brigham and Women's Hospital in Boston. She was 60.

Stacey was born in Boston on December 16, 1962. She was raised in Weymouth and Quincy, attended local schools, and graduated from Weymouth High School. Stacey continued her education at the Somerville Hospital School of Nursing where she earned her associates degree as a registered nurse. Stacey had a long career with Carney Hospital as an Emergency Room RN. She loved her work, her patients and all the relationships she created throughout the years.

The most important part of Stacey's life was being with her family and those she cared for. There wasn't anything she wouldn't do for the people in her life. Stacey loved being with her sister, attending rock concerts, spending time at the beach, and traveling, especially to Florida, the Caribbean, and Mexico. She loved the warm air, sunshine on her face, sand between her toes and being near the water. One of her favorite trips was visiting the historic Stanley Estes Park Hotel in Colorado, also known as

Overlook Hotel from "The Shining". Having lived on Overlook Road in Quincy, and referring to her home as such, she was ecstatic to make this trip.

A caregiver by nature, Stacey was loving, thoughtful, selfless, and fun to be with. Her life lessons and example are part of her legacy that continue through her family and friends. She will be missed by all the lives she touched.

Stacey was a cherished daughter of Mary (Walsh) Corbett of Weymouth and the late Matthew Corbett. She was the devoted mother of Ryan M. Farnham and his wife Tatiana of Dorchester, Justin A. Farnham of West Roxbury, James M. Farnham of Quincy, and Sean P. Farnham of Dorchester. Stacey was the loving grandmother of Ryan Farnham, Jacoby Wall, Michael, Matthew, and Nolan Farnham, all of Dorchester, and Charley Vater of Saugus. She was the beloved sister of Kerry A. Collins and her husband Brian of Quincy and Matthew J. Corbett of Boston. Stacey was the dear aunt of Brian and Brendan Collins, both of Dorchester, Maeve Collins of Quincy, and Lauren Moyers and Matthew Corbett, both of Texas. She is also survived

by her partner Dave Camillo of Dorchester and many loving extended family members and friends. She was preceded in death by her former husband Michael Farnham of Quincy, who died in 2012.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Sunday, Jan. 8, from 3-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 10:30 a.m. on Monday, Jan. 9, prior to the Funeral Mass at Divine Mercy Parish in St. Ann's Church, Quincy at 11:30 a.m. Cremation will follow.

Thomas R. Corey, 81

Thomas R. Corey, of Quincy, died peacefully on Thursday, December 29, 2022, at the South Shore Hospital in Weymouth after a lengthy illness. He was 81.

Thomas was born in Boston on July 7, 1941, he was the son of the late Joseph and Anna (Connolly) Corey. He was raised in South Boston and Walpole, attended local schools, and graduated from Walpole High School. Tom worked as a hairdresser at many salons in Quincy Center for over 50 years. He loved his work and the relationships he fostered with his customers and co-workers. Tom retired in 2020 at the age of 79.

Tom was a kind and compassionate person, always willing to help those in need. He and his wife loved to travel, spending many happy times in Florida and New Hampshire with their close friends. One of their most memorable trips was to Ireland in 1988.

Tom had an infectious sense of humor and enjoyed spending time with his family and many friends. He was always the life of the party and would be the first one up on the dance floor. He enjoyed music, theater, and any opportunity to spend time with the people he loved. Tom loved to dress for the holidays and had an outfit for every occasion.

Tom was kind, loving, unique, and very funny. His positive outlook and fun-loving attitude will be carried on by his family and friends. He will be greatly missed by all of the people whose lives he touched.

Tom was the beloved husband of Linda M. (Burke) Corey, with whom he shared 44 years of love and adventure. He was the devoted brother of the late Patricia Spicer and her late husband William, formerly of Dedham. The devoted brother-



STACEY FARNHAM

Interment will be held privately at a later date.

In lieu of flowers, memorial contributions may be sent in Stacey's name to Boston Local 718 Firefighter and Family Cancer Foundation, 173 Train St., Dorchester, MA 02122.

See www.Keohane.com for directions and online condolences.



THOMAS R. COREY

in-law of the late Edward Burke and his wife Kate of Marshfield and Katherine O'Connor and her husband Patrick of Weymouth. Tom was the loving uncle of Billy Joe Spicer and his wife Susan of Maine, Tommy Spicer and his wife Doreen of New York, Patrick Spicer and Vikki Cibotti of Dedham, J.J. Spicer of Dedham, Katelyn O'Connor of Weymouth, Patrick O'Connor and his wife Kerry of Lynn, Jimmy Burke and his wife Beth of Cohasset, and Maggie McCann and her husband Liam of Dorchester. He is also survived by many loving great nieces, great nephews, extended family, and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Saturday, Jan. 7 from 8:30-9:45 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 9:45 a.m. on Saturday, Jan. 7, prior to the Funeral Mass in St. John the Baptist Parish, Quincy at 10:30 a.m. Cremation will follow. Interment will be held privately at a later date.

In lieu of flowers, memorial contributions may be sent in Thomas' name to the National Kidney Foundation, 209 West Central St., Suite 207, Natick, MA 01760.

See www.Keohane.com for online condolences and directions.

READERS FORUM

Asks City Council To Hold Another Public Hearing RE: Quarry Hills Lease

Dear Editor:

The Quincy City Council's Ordinance Committee is about to renew its lease agreement with the Quarry Hill Association (QHA) for 120 years (20 some years remains in power at present) under the home rule petition order 2022-131.

The area consists of 540 acres of open space bordering to Blue Hills, Quincy and Milton.

A group of concerned citizens of Quincy and Milton took a walk in December with the Ordinance Committee Chair, Councillor David McCarthy, Councillor-at-Large Ann Mahoney, Councillor at-Large Nina Liang and Ward 5 Councillor Charles Phelan to learn if due diligence by the City Council and the QHA has been adhered to.

We are asking the City Council for public hearings and the legal time notice. Therefore, we are asking for the Council's Ordinance Committee to hold another hearing for the public to learn first, why now to file this home rule petition with the state when there is still 20 some years remaining on the lease?

And 2: the financial arrangement between the city and QHA - the 10 percent return of revenue to the City from net proceeds, is this fair arrangement for the city and the developer? Should that be looked at with fresh pair of eyes, as the economics have changes in the past thirty years?

Thirty years ago, the city was mandated to cover the land fill area and the Big Dig was fortunate to have the Developer collaborate with the City and the State to strike a deal. Now some thirty years later the picture is totally different from the original agreement. It may have been good for the City then, is it still appropriate for both parties?

We would like suggest that the Ordinance committee wait to hold on any decisions while there is no representation of the Ward 4 councillor, who can then host a meeting with his constituents in Ward 4, which the golf course is located.

Thank you Ordinance Committee for taking these questions under your careful consideration.

Sincerely,

Maryann Morton

Anneli Johnson

for South West Quincy Neighborhood Association
Garfield Street, Quincy

Point Webster Honor Roll

Cont'd From Page 17

Isaac Medeiros, Susheela Mekala, Bonnie Meng, Amira Mohamed, Meredith Murphy, Lohitaksh Nagadolla, Saesha Nijhawan, Eliana O'Connell, Elizondo Pichardo, Dafny Rodrigues Campos, Vanessa Tran.

Grade 6: Aisha Anum Aisha Anum, Hannah Araya, Arhan Saqib Arhan Saqib, Kathy Bao, Marsen Colagene, Jaynashka Delva, Enrique Foong, Thuong Ha, Isabella Kloczkowski, Rowena Li, Maryellen Lopez, Caitlyn Lu, Jaideep Madhaham, Jacob McClain, Venkata Mokshith Nakka, Rebecca Ou, Hannah Perdios, Vincent Qian Cen, Lelaina Sanchez, Henry Sontag.

HONORS

Grade 8: Joseph Bassill, Aileen Cordero, Cibebe De Oliveira Barbosa, Lilyana Hassan, Srutha Keerthi Komma, Rebecca Lafferty, Johnny Lei, Gabriela Lopez, Nathan Mai, Arwen Merino Suarez, Wasif Mohammed, Antonio Monteiro, Piper Neal, Emily Pereira Souza, Farudji Pierre, Chanya Pogue, Eliezer Ramos III, Dharsath Rasu Senthilkumar, Dallas Stone, Andy Ve-

ga-Ramos, Kevin Villalon, Fairley Volcy, Rachel Xie.

Grade 7: Khalil Abdalla, Finn Callaghan, Joao De Oliveira, Santiago Delgado Ramirez, Humshini Elayaraja, Habib Goutay, Londyn Jackson, Matteo Kacaj, Karston Luo, Giandra Melanson, Cindy Nguyen, Kristina Papa, Christian Raphael, Kylee Walsh, Symphony Wheeler-Deloney.

Grade 6: Fatimah Abdulameer, Hanaa Baouch, Paulina Barragan Ruelas, Jeremy Chiu, Andrew DeLisle, Yingcong Deng, Alesandro Dominguez, Ava Doyle, Emmanuel Ebong, Sadiqa Fatima, Kanish Gopinath, Salma Hadjaceem, Amina Haiti, Donna Huynh, Emmanuelle Kanza, Nicholas Kymissis.

Vy Le, Jaelyn McCarthy, Daisy Monteiro, Sophonie Pierre, Abigail Redeat, Kaylee Robida, Rayane Rodolfo Maia, Anna Livia Rodrigues, Ny'Jai Rodriguez, Luisana Ruiz Pol, Aaydn Ruiz, Sahirah Shabazz, Taiba Shah, Charlotte Smith, Tavia Tam, Kaylee Tran, Paola Vargas Zelaya, Isaac Wong, Yankang Wu, Vincent Zheng.

Arthur E. Tobin, 72

Arthur E. Tobin, age 72, a lifelong Quincy resident, died peacefully, Friday, December 30, 2022, in the comfort of his home, surrounded by his loving family.

Arthur was born in Quincy, to the late Paul F. and Ethel M. (Bishop) Tobin. Raised and educated in Quincy, he was a graduate of North Quincy High School, Class of 1968.

He served in the United States Navy, as an Aviation Ordnanceman 3/c, aboard the aircraft carrier, U.S.S. Oriskany, CV-34, during the Vietnam War. Arthur received the National Defense Service Medal, Vietnam Service Medal with Two Bronze Stars, the Republic of Vietnam Campaign Medal, and the Good Conduct Medal.

Arthur was a self-employed carpenter. He also worked as a cabinet maker at the former A. Saluti and Son of Quincy for many years.

Arthur enjoyed fishing. Most of all, he was dedicated to his family, especially his grandchildren, supporting all their activities and accomplishments.

Beloved husband for 43 years of Mary A. (Sampson) Tobin.



ARTHUR E. TOBIN

Devoted father of Matthew P. Tobin, Lt., Quincy Police Dept. and his wife Julie of Quincy.

Loving grandfather of Gabriella and Jake.

The last and youngest of four siblings, Arthur was predeceased by Thomas P. Tobin, Carol Weed, and Paul F. Tobin, Jr.

Arthur is also survived by many nieces and nephews.

At the request of the family, services were private.

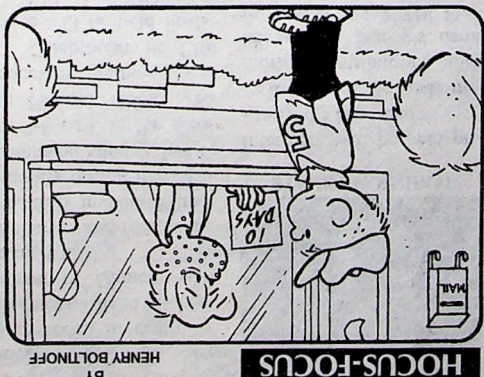
For those who wish, donations in Arthur's memory may be made to NVNA and Hospice, 120 Longwater Drive, Norwell, MA 02061.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

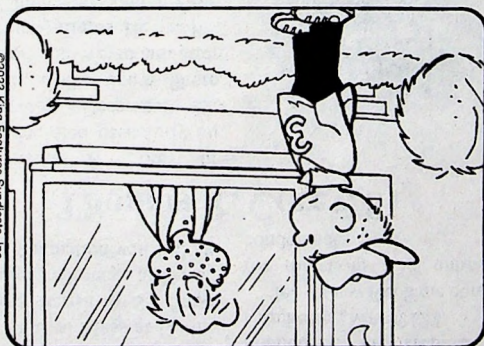
SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Justice Dept.
4 Physician's
7 Grating
12 Vintage
13 Away from
14 Mountain crest
15 Set alive
16 Yosemite peak
18 "CSI" evidence
19 Dewy
20 Billboard
22 Swiss peak
23 Bloke
27 Author Fleming
29 Abrasion
31 Planet circles
34 Heart line
35 Coffeehouse
37 L-P link
38 Utah ski resort
39 "Yoo—!"
41 Pottery oven
45 Quotable Yogi
47 Eastern path
- DOWN**
- 1 Creates orga-
2 Russian pan-
3 Luggage
4 Consider
5 Borrowed
6 Director
7 Engrossed
8 "Exodus" hero
9 Fixed
10 Sch. org
11 Hankering
17 Nile vipers
21 Martial arts
23 Swindler
24 Guffaw syllable
25 Suitable
26 Green shade
28 Smile part
30 Paint
31 1959 Kings-
32 Texas tea
33 Choose
36 Mother of Zeus
37 Gloomy
40 Sequence
42 Tuscan set-
43 Hard work
44 Seasonal
45 Songs
46 Nick and
48 Ambulance
49 Napkin's place
50 Payable
51 Mine material



HOCUS-FOCUS
BY HENRY BOLTNOFF



Find at least six differences in details between panels.

- Differences: 1. Mailbox is missing. 2. Cap is reversed. 3. Number is different. 4. Sign is missing. 5. Bricks are missing. 6. Chair is missing.

Trivia

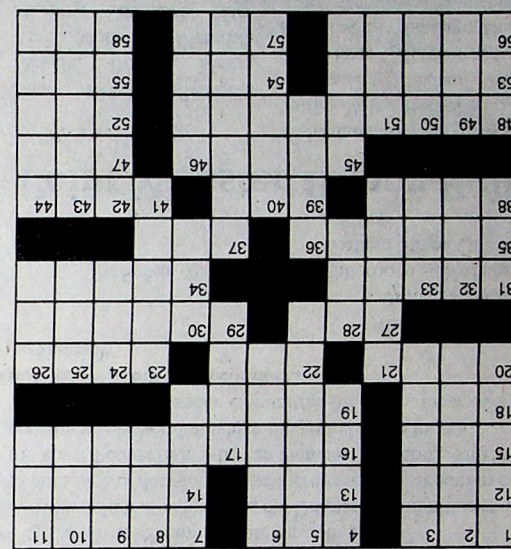
- any get its name?
8. MEDICAL TERMS: If you suffer from medial tibial stress syndrome, what is the condition commonly called?
9. PSYCHOLOGY: What irrational fear is represented in the condition called ablutophobia?
10. ANIMAL KINGDOM: What is a baby turkey called?
- Answers**
1. The Silk Road.
2. Physician.
3. Lenny and Squiggly.
4. Africa.
5. Korean popular music.
6. Chinese gooseberry.
7. Janus, the god of begin-
nings and endings.
8. Shin splints.
9. Fear of bathing.
10. A poult.

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Wishing Well

god did the month of Janu-
EDBG: From which Roman
7. GENERAL KNOW-
is another name for a kiwi?
6. FOOD & DRINK: What
shortened term K-pop stand
5. MUSIC: What does the
continent has the most coun-
4. GEOGRAPHY: Which
Shiley?
3. TELEVISION: Who are
the next-door neighbors in
TV's sitcom "Laverne &
3. Lenny and Squiggly.
2. Physician.
1. The Silk Road.

MAGIC MAZE • LAST NIGHT'S PARTY



Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: AULD LANG —

Cab ride
Champagne
Cheering
Comelli
Countdown
Dancing
Festive
Fireworks
Friends
Hats
Midnight
Mistletoe
Music
Streams
Toasts

King Crossword

Answers

Solution time: 26 mins.

Across
1. EAT
2. DRINK
3. DANCE
4. CHEER
5. COUNT
6. CHAMP
7. COME
8. CAB
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HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Happy New Year! John Cena and Jason Momoa are taking their co-starring together one step further. They'll be seen in the upcoming first part of the two-part finale of the "Fast & Furious" franchise, titled "Fast X," with Vin Diesel, Jason Statham, Michelle Rodriguez and Brie Larson. And they're currently shooting the \$340 million action comedy "Killer Vacation," slated for a May release.

Momoa also has "The Flash," "Fast & Furious 11" and "Aquaman and the Lost Kingdom" in his future.

Is Brad Pitt, 59, starting to wind down as a producer and an actor? That's the talk around Hollywood since he announced selling his production company Plan B Entertainment to Mediawan. Pitt created Plan B with Jennifer Aniston a year after they wed, in 2000, and he took the company over when they divorced in 2005. Could the ongoing lawsuits with Pitt's second ex-wife Angelina Jolie, who is suing him for alleged physical and emotional abuse during a flight in 2016, have anything to do with it? The court battles taking place over custody of their kids is the stuff movies are made of. But back to Plan B. Valued at \$300 million, the company is most noted for producing three Academy-Award-winning Best Pictures: "The Departed" (2006), "12 Years a Slave" (2013) and "Moonlight" (2016). It has also produced other big films like "Troy" (2004), "Charlie and the Chocolate Factory"

(2005), "Eat, Pray, Love" (2010), "World War Z" (2013) and "Selma" (2014). Pitt's recent R-rated film "Babylon" has critics raving. One described it as "a dizzying, dizzying cacophony of demented depravity" and "a rebellious, outrageous portrait of golden-era hedonistic Hollywood." Another said, "Extravagant, decadent and all together delightfully delicious!" Directed by Oscar-winning "La La Land" director Damien Chazelle, "Babylon" has been nominated for five Golden Globes: Best Motion Picture -- Musical or Comedy, Best Actor (Diego Calva), Best Actress (Margot Robbie), Best Supporting Actor (Brad Pitt) and Best Original Score.

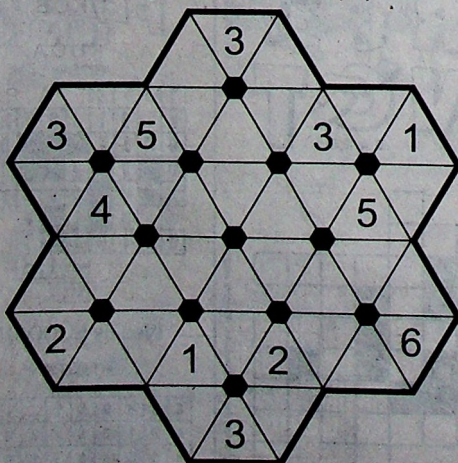
And so, it's begun. Julie Andrews, 87, who said she was up for another "Princess Diaries," has had second thoughts. She explained, "I think we know it's probably not going to be possible. It was talked about very shortly after [the sequel] came out, but it's now how many years since then? And I am that much older, and Annie the princess, or queen, is so much older. I am not sure where it would float or run." Anne Hathaway expressed how much she wants to do it and admitted, "If there's any way to get Julie Andrews involved, I think we would make it work." The first film made \$165 million, the sequel \$134 million. They'll find a way! It can't have a happy ending if Andrews relinquishes her throne?

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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Go Figure!

answers

1	×	5	+	7	12
+		×		-	
9	+	4	+	6	19

KOVELS Antiques & Collecting

By Terry and Kim Kovel

Hooked Rugs — No one is sure who made the first hooked rugs, but most historians think it was the Vikings. We do know that in the early 19th century, floor mats were made in the United States from 9-inch-long pieces of yarn leftover from machines that made rugs.

The first rugs to interest U.S. collectors were made at Grenfell Mission, a philanthropic organization founded in 1892 to help residents of Labrador and Newfoundland, Canada. In the 1920s and '30s, they developed a cottage industry to make and sell handicrafts. Items included knitted goods and hooked rugs from donated dyed silk stockings, and later flannelette, wool and burlap. The rugs had artists' scenes of Labrador and were sold in retail shops in the U.S. and England. Grenfell rugs are now prized by collectors.

By 1940, rug making had become an art form, not just a job for the poor. Artists and amateurs made hooked rugs to use or sell. This hooked rug pictures a map of the United States. On the back it reads, "For Peter Stone on his 5th birthday Nov. 10, 1940, with Carlo's love." Perfect provenance. It sold at a Cowan's auction for \$469.

Q: I found an old serving tray in a resale shop that caught my eye. It is hand-painted with flowers and leaves. There is a lot of gold detail. It looks old. The saleswoman said it was toleware. What is that?

A: Toleware is painted tinware, usually with a black varnished background and designs painted on by hand or stenciled. It is correct to call any painted tin-plated sheet metal "painted tin." Tin was

painted to protect it from rust as well as to make it attractive. Toleware made before the 19th century was often called japanned ware. The designs were sometimes inspired by Japanese lacquer ware. Toleware prices depend on the design and whether there is rust or paint loss. It is very popular today and a tray can sell for \$200 or more. There is also toleware with a red background.

TIP: Don't shake dirt out of a small rug. The whipping action will break small fibers and loosen the knots. You can put it face down on clean snow. It will remove dust and dirt.

CURRENT PRICES

- Glass decanter, Kluck Kluck, blue, shaped sides, short cylindrical neck, flattened rim, clear and blue stopper, Holmegaard, 1960s, 10 1/4 x 3 3/8 inches, \$85.
- Doll, Mary Hoyer, Amish girl, hard plastic, sleep eyes, brunette hair, blue dress, white apron, pleated bonnet, original box with inserts, 1950s, 14 inches, \$240.
- Jewelry, pin and earrings, trembler, layered brass flowers, domed moonstone cabochon centers, dangling filigree brass beads with moonstone ends, Joseph of Hollywood, pin 6 x 3 inches, earrings 2 1/2 inches, \$935.
- Toy, seesaw with rocking clowns, painted cast iron, two clowns with hinged arms and hips, rocking action makes marble roll from one clown to the other, Muller & Kaded, Germany, 8 1/2 inches, \$1,110.

For more collecting news, tips and resources, visit www.Kovels.com

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STICKELERS

A box contains one ball. The ball is either black or white and is hidden from view. A black ball is then dropped into the container. A short time later one of the balls is removed ... and it is black. The probability that the remaining ball is black is:

- 1 out of 2
- 2 out of 3
- 3 out of 4
- 1

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Strange BUT TRUE

• A Cornish milkman named Steve Leech was making his rounds when he saw a shop on fire. Using 320 pints of milk, he not only extinguished the flames, but saved seven other stores in the process, earning a "Hero Milkman of the Millennium" award from the National Dairywomen's Association.

• An albatross typically spends the first six years of its life flying over the ocean without ever setting foot on the ground.

• In the 1990s, a mysterious soda vending machine dispensing rare and discontinued drinks appeared in Seattle. No one knew who filled it, but sadly, in 2018, it vanished as suddenly as it came, with an explanatory note saying it "went for a walk."

• The first women's boots were designed for and worn by Queen Victoria.

• "Ergophobia" is the fear of work or the workplace.

Psychologists attribute the condition to a combination of concerns about failing at tasks, public speaking and social anxiety.

• A 59-year-old man with no previous criminal record held up a bank for the measly sum of just \$1. So what was he actually after? A prison sentence, so he could get free health care.

• Red is the first color a baby sees.

• If diamonds really are a gal's best friend, she might like to pay a visit to the planet known as 55 Cancri e, which is believed to be principally covered in graphite and diamond. Of course, she would also need to bring enough rocks back home to cover the cost of the \$12 million spaceship she'd need to get there.

• There are more historic artifacts under the sea than in all of the world's museums.

Thought for the Day: "I have learned over the years that when one's mind is made up, this diminishes fear." — Rosa Parks

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Now here's a tip!

by Jo Ann Derson

• To make a nice ice pack, enclose several ice cubes in a plastic, sealable baggie, then wrap in a bandana. You can tie the ends together to keep the cover from slipping. When you want to refreeze, put the baggie in the freezer, and hang the bandana to dry. It will dry very quickly and can be reused soon.

• Want to get the most bang for your buck at the takeaway salad bar? Load up on bacon, walnuts, cheese, meats and dried fruits; go light on green beans, cucumbers, hard-boiled eggs, celery, radishes and chickpeas, which were marked up 200% to 300%.

• "When you clean out your fish tank, recycle the used water by pouring it on your house or garden plants. I don't know what it is in the water, but it makes shrubs and flowers grow like crazy."

— Patti in Orlando, Florida

• "The all-time best remedy for a runny nose or sore throat doesn't cost hardly a thing:

It's plain old saltwater. Mix a half-teaspoon into a cup of hot water and gargle twice to three times a day. If the taste is off-putting, try swishing a bit of mouthwash in your mouth just before you gargle with the saltwater. This works so well, and even my doctor thinks it's a great idea." — F.L. in Michigan

• Use salt to clean out your garbage disposal. Kosher salt has larger grains that work very well. Dump a half-cup in the disposal, run the cold water and hit the switch. The grains scour the inside, leaving a better smelling drain.

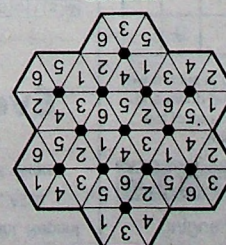
• "Here's a great after-workout drink I just found out about: chocolate milk. The trainer at my gym prefers it over the fancy and costly "post-workout" drinks at the gym's smoothie bar." — I.E. in Oregon

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Go Figure! answers

8	11	20
10	8	6
×	×	×
16	9	4
+	+	6
×	×	+
12	7	1

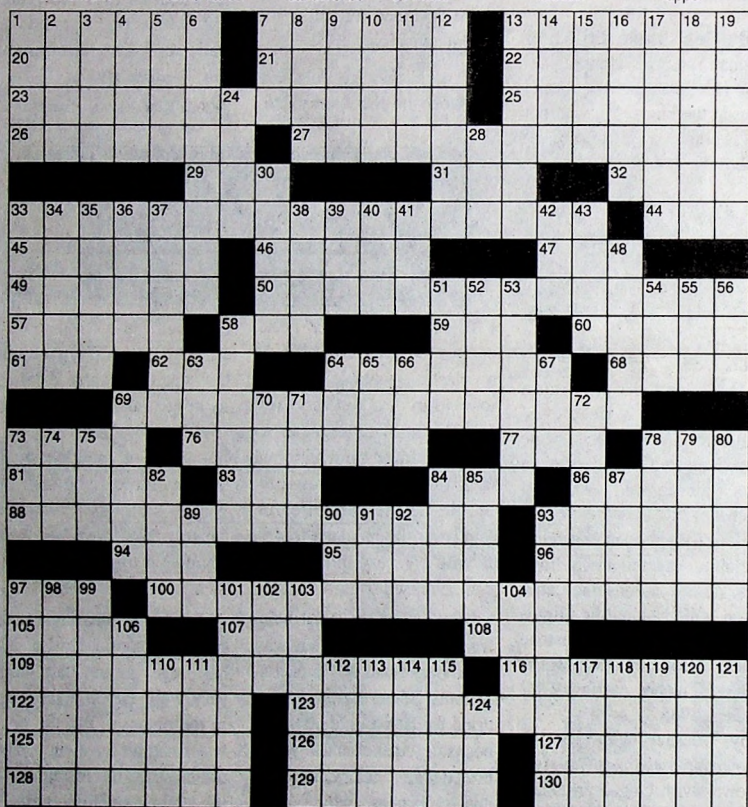
Stickelers Answer

The answer is 2) 2 out of 3.

Super Crossword

WHAT IN THE WHAT?

ACROSS	61 Hobbit enemy	122 Afternoon show	13 Went without food	52 Little branch	90 "Anna and the King" actress — Ling
1 "Pet" annoyances	62 Actress Lupino	123 GRearse/T	14 Novelist Sholem	53 One listening	91 Suffix with southeast
7 Dance click	64 Tabriz native	125 One going in	15 Oxford, e.g.	54 Reproductive gametes	92 Fate
13 Extreme right-wing doctrine	68 Thin iPod	126 "Hakuna —" ("The Lion King" song)	16 — latte (espresso variety)	55 Wildcat's lair	93 "Caught you!"
20 Polio vaccine developer	69 LA cobra W/N	127 Vindicate	17 Extreme dispute	56 Lead-in to cone or caps	94 Elected group
21 2008 presidential campaign coinage	73 — California (Mexican peninsula)	128 Little puzzles	18 Doll who is Barbie's	57 Reach a goal	95 U.S. Hwy., e.g.
22 Caine/Ustinov adventure film	76 The Jordan River flows into it	129 Stage whispers	19 Bishops' headwear	58 "Caught you!"	96 "Rambo" setting, for short
23 SKILglint LET	78 Pas' counterparts	130 Neatens up	20 Peaceful PC files	59 More reasonable	97 "Goodfellas" 101 Westerns, in old slang
25 Scorn	81 Kafka or Liszt		21 Writer — Stanley Gardner	60 Per person	102 Univ., e.g.
26 Poem with six stanzas	84 "I'm freezing!"		28 Outlaw Kelly	71 Concept, in Cannes	103 Louise's film cohort
27 PUsmackSS	86 Fully grown		30 Gives the cold shoulder	72 Cracking radio noise	104 Over 50%
29 Boob tubes	88 TUBlazeMMY		33 Many, informally	73 Very close	106 Hogs' homes
31 Born, to Luc	93 Napoli's land		34 "Time is — side"	74 Onassis or	110 Concerning
32 Arab ruler	94 Retrovirus		35 "Girlfriend" boy band	75 Jam holder	111 — do-well
33 COSimianRE	95 On — to nowhere		36 Lace snarl	76 Prefix with task	112 "Buenos —" ("Good day," in Granada)
44 "Certainly"	96 Member of a sorority		37 Has dinner at home	77 Non-earthling	113 Prefix with tank
45 Open with a click	97 Kenan's sitcom mate		38 Less — stellar	78 Gawk rudely	114 Enjoy a novel
46 "Star Trek" crew woman	100 DEVspiritICE		39 Central area	79 Pizazz	115 Toy flown on a windy day
47 43rd U.S. pres.	105 — "to laugh!"		40 Prior to, in poetry	80 Unexciting	117 — Strauss
49 Prairie prayer	107 German cry of vexation		41 — tai	81 Winona of "Stranger Things"	118 Exercised
50 FORchildEST	108 Column's counterpart		42 Size above med.	82 Quick sprint	119 Child's plea
57 Pursues prey	109 NiblastGHT		43 "How icky!"	83 Casual refusal	120 "Bus Stop" playwright William
58 ISP with a butterfly logo	116 Canbbean island nation		44 Grilled sandwiches		121 Fruit-flavored drinks
59 Be in the hole					124 "One Mic" rapper
60 Like wickerwork					

celebrity extra
by Dana Jackson

Q: What has Chris Rock been doing since he was attacked by Will Smith at the Oscars? Does he talk about it publicly at all? — E.M.

A: Actor/comedian Chris Rock has remained relatively quiet since Oscar-winning actor Will Smith slapped him in anger at the Oscars last year. Rock has reportedly turned down offers to host the upcoming ceremony in 2023, choosing instead to focus on his roots: stand-up comedy. He was already set to tour when the incident happened — and ticket sales soared — but he told his audience in Boston last March, "I'm still processing what happened."

On March 4 at 10 p.m. ET, subscribers can watch a new Chris Rock comedy special in Netflix's first ever live-streamed event. I'm willing to bet he comments, or even jokes, about the slap, because he's already referenced it in past performances in other cities. For example, in Phoenix this past August, he told his audience that not only did he turn down a chance to host the Oscars again, but that he also rejected an offer to appear in a

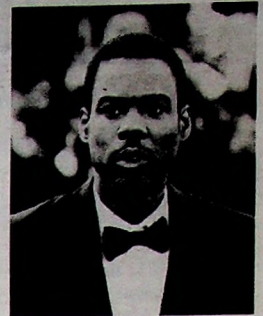
Super Bowl commercial. He also admitted that the slap hurt, obviously, referencing how Smith once played Muhammad Ali in a movie.

Q: I really enjoy the Korean legal drama on Netflix about a lawyer named Woo. Is the lead actress autistic in real life, like her character? — L.D.

A: "Extraordinary Attorney Woo" stars Park Eun-bin as a young attorney named Woo Young-woo who is on the autism spectrum. She "boasts a high IQ, an impressive memory and a wonderfully creative thought process, but she struggles with everyday interactions." It's not just a legal drama; it's also very endearing and whimsical, making it more of a dramedy.

Park is not autistic in real life and initially felt conflicted about taking the role. She told ENA (the distributor of the series in Korea) that she "met with a professor to ask for advice...and learned some general characteristics of people with autism." Her talent is widely respected in her home country, having received Gallup Korea's Actor of the Year award in 2022.

Viewers have been bingeing all 16 episodes of "Attorney Woo" and are asking for more. According to DigitalSpy.com, it's the eighth most watched non-English series of all time on Netflix,



Chris Rock

and it's expected to be renewed for a second season.

Q: Is it true that the actor who plays Rip on "Yellowstone" is a redhead in real life? Does he dye his hair for the part, or does he wear a wig? — L.E.

A: Cole Hauser has been around in Hollywood for decades, and those familiar with his work probably find him unrecognizable as Rip Wheeler on "Yellowstone." The actor told Jenny McCarthy on her radio show that the decision to dye his hair and beard black was mainly because Beth (Kelly Reilly), his love interest on the show, "is a ginger, and I'm ginger as well."

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

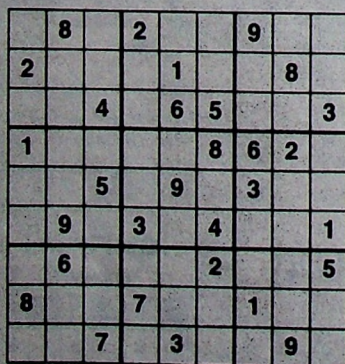
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|---------------------|---------------|---------------------|---------------|
| 1. Kite rope | — — — — I — — | Sturdy | — — — — O — — |
| 2. Bus for tourists | — — — — A — — | Sofa | — — — — U — — |
| 3. Long-armed ape | — — — — B — — | Mel of "Braveheart" | — — — — S — — |
| 4. Without funds | — — — — O — — | Car stopper | — — — — A — — |
| 5. Salve | L — — — — — | Witchy brew | P — — — — — |
| 6. NYC athlete | — — — — — E | Jerked | — — — — — D |
| 7. Oust | — — — — — P | Outshine | — — — — — C |
| 8. Begrudge | — — — — — S | Admit guilt | — — — — — P |
| 9. Similar | — — — — — K | Land sakes | — — — — — V |
| 10. Scholarship | — — — — — T | 1,000 dollars | — — — — — D |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

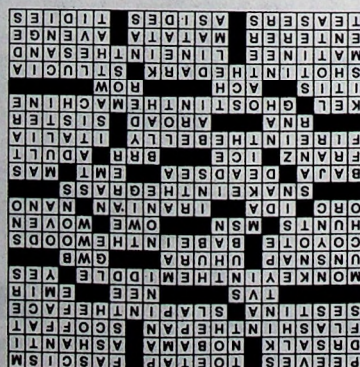
DIFFICULTY THIS WEEK: ♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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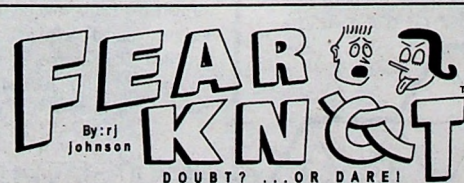
Super Crossword

Answers

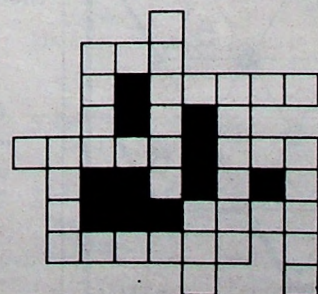


Even Exchange answers

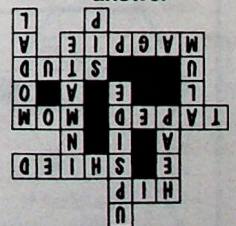
- | | |
|-------------------|-------------------|
| 1. String, Strong | 5. Lotion, Potion |
| 2. Coach, Couch | 6. Broke, Brake |
| 3. Gibbon, Gibson | 7. Resent, Repent |
| 4. Expel, Excel | 8. Yank, Yanked |
| 9. Grant, Grand | |
| 10. Alike, Alive | |



- OMM
PIMAGE
♥ HESDI
♥ TDSU
PIDUSE
♥ IPH
♥ UMLA
♥ DATPE
♥ ISP
TANIME
ALMDO
PEHA

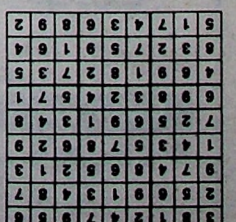


Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHPE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

FEAR KN&T
answer

Weekly SUDOKU

Answer



Amber Waves



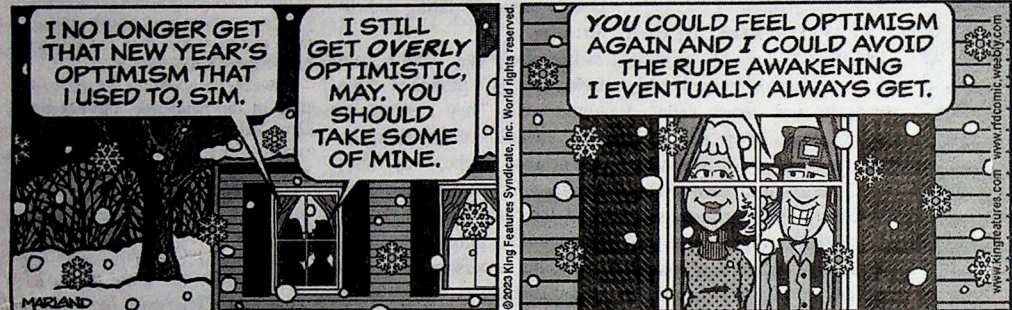
by Dave T. Phipps

Out on a Limb



by Gary Kopervas

R.F.D.



by Mike Marland



"Locate any _____?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Volunteer	S I L E N T	Quick	GA I L E	Vast	AB O R D	Band	ES P R I T
-----------	------------------------	------------------	---------------------	-----------------	---------------------	-----------------	-----------------------

TODAY'S WORD



Should You Pay for Dog Training?

DEAR PAW'S CORNER: I love my new puppy, Star. He is so easy to train, listens to my commands, and his potty training is going well. Still, I'm wondering if we should also work with a professional trainer. He has some resistance issues to certain commands, and he is a bit reactive to other dogs. Is this normal, or should I pay for training? — **Ricardo G., Orlando, Florida**

DEAR RICARDO: A good trainer can look at the most obedient dog in the world and find behaviors to work on. That's because no dog is perfect, and neither are we. It sounds like you're doing a great job with Star, and you want to continue to

level up his behavior training. This is a caring and responsible thing to do. You've got a few training options to consider. While I personally prefer to train alongside my dog in a group or one-on-one training session, I have friends who send their dog to day camp where they receive obedience training and socialization while they're away at work. Others send their dogs to intensive one-to-two-week programs. You'll want to check out a potential trainer or training school carefully before committing. Dog training can take a chunk out of your budget, so you'll want to be sure that Star is getting the training he needs. Meet with a trainer in person, with Star beside you, to chat with them about what you'd like to achieve in training and get a feel for how well the trainer works with Star. Best of luck! I know that Star will do great. *Share your tips on professional dog training at ask@pawscorner.com.*

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WORD LADDERS

Can you go from COINS to SPIES in 6 words? Change one letter for each rung in the ladder.

story

while

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STREAMING SOURCE

Here's what to watch and where to watch it for the week of January 9, 2023

ON NOW: "The Mosquito Coast" (Season 2) — AppleTV+
ON NOW: "Mythic Quest" (Season 3) — AppleTV+

9-Jan: "Koala Man" (Season 1) — Hulu

12-Jan: "How I Caught My Killer" (Season 1) — Hulu

12-Jan: "Vikings: Valhalla" (Season 2) — Netflix

13-Jan: "The Drop" — Hulu

13-Jan: "Servant" (Season 4) — AppleTV+

13-Jan: "Dog Gone" — Netflix

13-Jan: "Super League: The War for Football" (Documentary) — AppleTV+

15-Jan: "The Last of Us" (Season 1) — HBO Max

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SCRAMBLERS

solution

SATORIALS

Today's Word

3. Broad; 4. Stripe

1. Enlist; 2. Agile

WORD LADDER

Answer

SHOLE, WHOLE, WHILE

STORY, STORE, STOLE

MORE SUN FUN

COUCH THEATER

BY
JENNI
TAVERAS

"Jurassic World Dominion" (PG-13) — The third and final installment of the "Jurassic World" trilogy (and the sixth installment in the overall "Jurassic Park" franchise) gets a wider streaming release Jan. 6. Chris Pratt and Bryce Dallas Howard returned to reprise their roles from the first two "Jurassic World" films, but Jeff Goldblum, Sam Neill and Laura Dern also made a return to the franchise. This is the first appearance together since the original 1993 film directed by Steven Spielberg. While the film was a success in the box office, it didn't receive the best reviews; however, the special effects of "Dominion" do make it a marvel to watch. (Prime Video)

"The Menu" (R) — Margot Mills (Anya-Taylor Joy) accompanies Tyler Ledford (Nicholas Hoult) to dine at an exclusive restaurant located on a private island. Julian Slowik (Ralph Fiennes), the chef who operates the restaurant, has his customers, 12 in this case, travel by boat to his restaurant for a dining experience worth \$1,250. Once they arrive on the island, Margot senses an odd aura surrounding the restaurant and the staff, and as they begin to get served, the dinner turns quite extreme. Chef Slowik announces that the extremities are simply part of the menu for that night and that, at the end of the night, everyone present at the dinner will be dead. Hong Chau and John Leguizamo also star in this comedy thriller film premiering Jan. 3. (HBO Max)

"The Recruit" (TV-MA) — Netflix rom-com star Noah Centineo, who's

most known for his role as Peter Kavinsky in the "To All the Boys" film series, branches out of his usual heartthrob roles to step into a more action-oriented role. In his new series, a spy-adventure Netflix original, Centineo plays CIA lawyer Owen Hendricks, who, during his second day on the job, gets assigned as a liaison to a former CIA asset who is threatening to reveal classified information. Inexperienced but undeniably optimistic, 24-year-old Owen dives headfirst into nail-biting, high-stakes situations while he continues his negotiations with the asset. Out now! (Netflix)



Courtesy of Netflix

Noah Centineo stars as Owen Hendricks in 'The Recruit.'

"Back in the Groove" (NR) — Hosted by Taye Diggs, this eight-episode reality dating show follows three women around the age of 40 who embark on a journey to "get their groove back." When they arrive at The Groove resort in the Dominican Republic, these three women will have the opportunity to expand their dating pool by meeting with men who are half their age. With a variety of 24 men to choose from, the ladies will get to go on a few dates and try to find their best (younger) match, while the remaining men get eliminated. The drama is real with this one! Out now. (Hulu)

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Contract Bridge

CAREFUL PLAY FOILS DEFENSE

North dealer.

North-South vulnerable.

NORTH

♠ A 7 4
♥ K Q 8 7
♦ Q J 3
♣ A 5 2

WEST

♠ 10 6 2
♥ A 10 9 4
♦ 5 2
♣ 10 9 8 6

EAST

♠ Q J 9 5
♥ J 6 3 2
♦ 8 7 4
♣ J 3

SOUTH

♠ K 8 3
♥ 5
♦ A K 10 9 6
♣ K Q 7 4

The bidding:

North	East	South	West
1 NT	Pass	3 ♦	Pass
4 ♦	Pass	4 NT	Pass
5 ♥	Pass	6 ♦	

Opening lead — ten of clubs.

Let's say you're in six diamonds and West leads the ten of clubs. How would you proceed? If you fail to treat the hand with the respect it deserves, you'll finish down one — assuming best defense.

For example, if you win the club, draw trump and lead a heart toward

dummy, West follows low, and sooner or later you lose a spade and a club.

The best approach, after winning the club lead with the king, is to play a heart immediately. If West takes the ace, you have 12 tricks, so let's assume he lets you win with dummy's queen.

Now you cash the A-Q of trump, leaving one trump at large, then play the ace and another club toward your queen, hoping to find the suit divided 3-3. East produces the jack on the ace, then goes into deep thought trying to decide whether or not to ruff the five.

Actually, it doesn't matter what he does. Let's suppose he trumps the club. In that case, you play low from your hand, retaining the queen of clubs. With all the adverse trumps now out of circulation, you can later discard a spade from dummy on the club queen and make the slam by ruffing a spade in dummy.

If East does not ruff the third round of clubs, you are on equally firm ground. After winning with the queen, you ruff the seven of clubs with the jack of trump to produce your 12th trick.

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Puzzles4Kids

by Helene
Hovanec

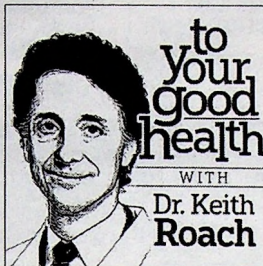
WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHO GIVES DIRECTIONS TO DOGS IN NATIONAL PARKS?

ABSORB	BOARS	SEALER	LEASE
AIRMEN	MINER	LABELS	BELLS
CARTER	CATER	AGENTS	GATES
KNACKS	SNACK	BEGGAR	BARGE
		ESTELA	STALE
		TIMERS	MITES
		SAUCES	CAUSE

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Supplements Taken at Lower Doses Won't Adversely Affect Health

DEAR DR. ROACH: I am a healthy 46-year-old woman who exercises daily for health, strength, and stress relief. I also want to stay relatively lean. In order to maintain muscle mass and control fat, I've been advised consistently (by a Ph.D. nutritionist and a couple of "nutrition coach" trainers) to take 1 g of protein per pound of body weight daily. They also have advised leucine and L-carnitine supplements. I usually have 1 scoop of whey protein (about 25 g) and 1/2 to 1 scoop of plant protein daily. I take about 1 g of leucine per day. My L-carnitine supplement is 500 mg.

My question is, are any, or all, of these supplements safe for long-term use and are there any concerns or possible side effects I should be concerned about? I have read plenty that recommend them, but the goals for taking them are usually short-term.

Other than having extra protein, my diet is slanted away from sugar and toward whole foods and lots of vegetables. I work out seven days a week, including four to five "hard" days of cardio and weightlifting and two to three "light" days of easy cardio. I also stretch and get at least seven hours of sleep daily.

I want to have health, mobility and strength as long as possible and want to make sure I'm not inadvertently hurting the long goal by using supplements now. -- M.

ANSWER: Understanding advice on nutrition and supplements for exercise is difficult because the evidence is often poor-quality and conflicting, probably due to the fact that what is effective for one person may be ineffective for another.

Carnitine is found naturally in muscle and is important in moving fat into the mitochondria, where it can be used as energy. Carnitine supplementa-

tion has been shown to improve exercise tolerance and increase use of body fat stores for energy. It can also improve blood and oxygen flow to the muscle if taken with large amounts of carbohydrates (the study authors used 4 ounces of simple sugar in water -- more than it sounds like you take in, and perhaps more than optimal for good health). Carnitine is safe at the dose you are taking: At doses six times that high, it may cause nausea, vomiting and diarrhea.

Leucine, like valine and isoleucine, is a branched-chain amino acid. They are "essential," meaning they cannot be synthesized in the body. They are found in red meat and dairy products. They are also found in legumes, nuts, grains and seeds, but a person on a strict vegan diet needs to be careful to mix these appropriately, to get all the essential amino acids they need.

Some claim that branched-chain amino acids reduce fatigue, improve endurance, provide fuel for working muscle and reduce muscle protein breakdown and soreness from exercise, but there is no high-quality evidence that they are effective. A chicken breast contains the equivalent of seven average branched-chain amino acid supplement tablets. Leucine in the dose you are taking should have no adverse effects.

The standard guideline recommends that individuals consume 150 g of protein-rich foods daily, for a 2,000 calorie diet. You may be burning more than 2,000 calories with exercise, but you are certainly getting all the protein you need. Excess animal protein may worsen kidney function, but plant protein does not seem to cause that issue.

In my opinion, your diet and exercise, which are remarkable, are much more likely to achieve your goals than your supplements, but I do not think the supplements are harming you.

CAUSE	S	SAUCES
MITES	R	TIMERS
STALE	E	ESTELA
BARGE	G	BEGGAR
GATES	N	AGENTS
LABELS	A	LABELS
LEASE	R	SEALER
KNACKS	K	KNACKS
CARTER	R	CARTER
MINER	A	AIRMEN
BOARS	B	ABSORB

SENIOR NEWS LINE

by Matilda Charles

A Heads Up at the Grocery Store

The time has come to study the labels of foods you buy, even if you've used those same products for a long time. Not only are manufacturers changing the size of the containers, they're changing the ingredients. At this point we need to take a very close look at what we're actually eating.

Changes to the ingredients in products we've always trusted might well be blamed on supply chain problems. If a manufacturer can't easily get one ingredient, they might substitute something else.

But it means that what you assumed you were getting might no longer be true.

If, for example, you have to keep an eye on your sodium levels, you might discover that the amount of salt in a particular food has increased. You might have to adjust how much you eat or look for a different product.

We can no longer grab a dozen eggs and assume all will be well. If you're baking, too-small eggs won't work in your baked goods recipes. You need to open the carton and look at them. If you're watching your cholesterol, you need to squint and read the fine print on the nutrition panel.

However, a warning: At the beginning of the pandemic, the Food and Drug Administration issued a temporary respite to food manufacturers. To help them keep producing food, the FDA said manufacturers didn't have to put certain new information on labels when "minor formulation changes" were made to food. The policy, started in January 2020, was intended to remain in effect only for the duration of the COVID pandemic and has been renewed every 90 days. It was to expire January 2023. Since they have to give 60 days notice to end the designation, it's not likely that it will end until April, if that.

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1. Who wrote "While My Guitar Gently Weeps"?
2. Which song would Elvis Presley always sing to end his concerts?
3. What type of music did Country Joe and the Fish play?
4. Name Bobby Hebb's best known song.
5. Name the song that contains these lyrics: "I lost at love before. Got mad and closed the door. But you said try just once more. I chose you for the one. Now we're having so much fun."

Answers

1. Beatle George Harrison, who also sang the lead. The song was written after the group came back from studying transcendental meditation with a Yogi. The demo included a verse that wasn't used.
2. "I Can't Help Falling in Love With You." It was also the last song he performed at his last live concert, in 1977.
3. Psychedelic rock, circa the 1960s, in Berkeley, California. Think: counterculture, free love and anti-war songs.
4. "Sunny," 1966.
5. "You've Made Me So Very Happy," by Brenda Holloway in 1967 and Blood, Sweat & Tears in 1969. Holloway wrote the song, but BS&T took it to near the top of the charts, bested only by "Aquarius/Let the Sunshine In" at the No. 1 position.

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Puzzles4Kids

Answer

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PERSONAL

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PERSONAL

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 ST. ANTHONY, ST. JOSEPH,
 ST. PEREGRINE,
 ST. THERESA
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 Presidents Place

DAIRY FARM
 330 Washington St.

CVS
 42 Beale St.

NEW STORE ON THE BLOCK
 1183 Hancock St.,
 Quincy Ctr. T Station

QUINCY MARKET
 33 Washington St.

BEALE ST. NEWS AND TOBACCO
 17 Beale St.

HANCOCK MARKET
 1520 Hancock St.

7-11
 230 Washington St.

COFFEE BREAK CAFE
 12 Old Colony Ave.

MIGNOSA'S FRUIT BASKET
 138 Granite St.

STOP & SHOP
 Southern Artery

SUPREME LIQUORS
 615 Hancock St.

STAR MARKET
 130 Granite St.

CVS, Southern Artery

SQUANTUM MARKET
 205 W. Squantum St.

WALGREENS
 132 Granite St.

WALGREENS
 550 Adams St.

STOP & SHOP
 65 Newport Ave.

FRANKLIN ST. BP
 60 Franklin St.

7-11
 650 Adams St.

7-11
 363 Hancock St.

7-11
 78 Franklin St.

VILLAGE COMMON MARKET
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WALGREENS
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COPELAND LIQUORS
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DONUT + DONUTS + MUFFINS
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GRANITE MART
 308 Willard St.

LUCKY'S WINE & LIQUOR
 66 Newbury Ave.

PRESIDENTIAL LIQUORS
 25 Scammell St.

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 260 Centre St.

ATLANTIC MARKET & LIQUORS
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7-11
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WALGREENS
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ADAMS SHORE SUPERMARKET
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 265 Beale St.

ARTERY GROCERY
 1000 Southern Artery

PALMER ST. MARKET
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7-11
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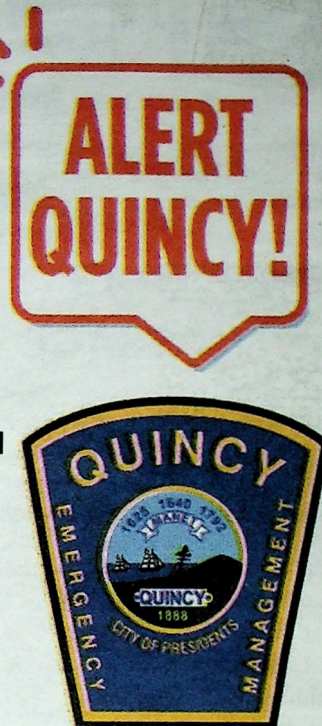
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Alert Quincy is an important tool to keep residents informed and prepared for any emergencies that may occur in our area. Officials may send messages to alert citizens of emergency details, instructions or precautions that should be followed in order to make well-informed decisions and remain safe. This system is precise enough to geo-target residents within an exact area of impact, so only people who are effected an emergency situation will be notified.

Alert Quincy is used for significant incidents and events where the timely notification of an affected population or geographic area of the city is required. The system can be utilized by city officials in both emergency and non-emergency situations. Examples of types of emergencies, incidents, or other events where the Alert Quincy system may be utilized include:

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- Flood information
- Water main breaks
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- Missing persons
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- Releases of Hazardous materials
- Gas leaks
- Crime alerts
- Utility outages
- Other information of importance to Quincy residents



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https://www.quincyma.gov/departments/emergency_management/alert_quincy/index.php

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